

**From:** [Susan Sales](#)  
**To:** [REDACTED] s7(2)(a)  
**Cc:** [Susan Sales; Information Management Team](#)  
**Subject:** [EXTERNAL] LGOIMA re crime information  
**Date:** Friday, 24 February 2023 2:58:28 pm

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## Susan Sales sent you a secure message

Access message

Kia ora Paul

Please find attached our response to your LGOIMA request dated 23 January 2023.

Kind regards  
Ngā mihi

### Susan Sales

Ringa Āwhina Tāhūhū ki Te Koromatua | Senior Advisor

Te Kaunihera o Te Awa Kairangi | Hutt City Council, [30 Laings Road](#), Private Bag 31912,  
Lower Hutt 5040, New Zealand

Paetukutuku: [www.huttcity.govt.nz](http://www.huttcity.govt.nz)

**From:** Paul Hunt [REDACTED] s7(2)(a)  
**Sent:** Thursday, 19 January 2023 4:11 pm  
**To:** ContactHCC <[contact@huttcity.govt.nz](mailto:contact@huttcity.govt.nz)>  
**Subject:** [EXTERNAL] LGOIMA Request

Dear Hutt City Council

I am interested in information you hold about crime and public disorder in Hutt city to enhance my understanding of the impact of crime and responses to crime in Hutt city.

Under section 10(1) of the Local Government and Official Information and Meeting Act 1987, I request the following information:

- *All analyses, assessments, recommendations, reports, updates, aide-memoire, evaluations, and final copies of written documents the Hutt City Council has produced or received (including from Police) regarding crime and public disorder in the Hutt City since 1 June 2021 that are not currently in the public domain.*

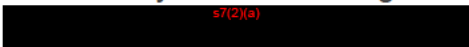
- *All communications and correspondence the Hutt City Council has had with any agencies, organisations and representatives regarding crime and public disorder in the Hutt City, including efforts to reduce or prevent such crime and public disorder, since 1 January 2022.*

Where information is withheld, I request you provide the reason for refusal and the grounds in support of that reason.

I request where an entire document is withheld that the title, date and a summary of the information it contains be provided in so far as is consistent with the Act.

This is not a request for the names of officials or their personal and private information.

I ask receipt of this request is acknowledged.

Please send your acknowledgment and final response to  s7(2)(a)

Yours sincerely

Paul Hunt

 s7(2)(a)



Attachments expire on Aug 23, 2023



**1 spreadsheet**

Crime Data lower hutt entire.xlsx



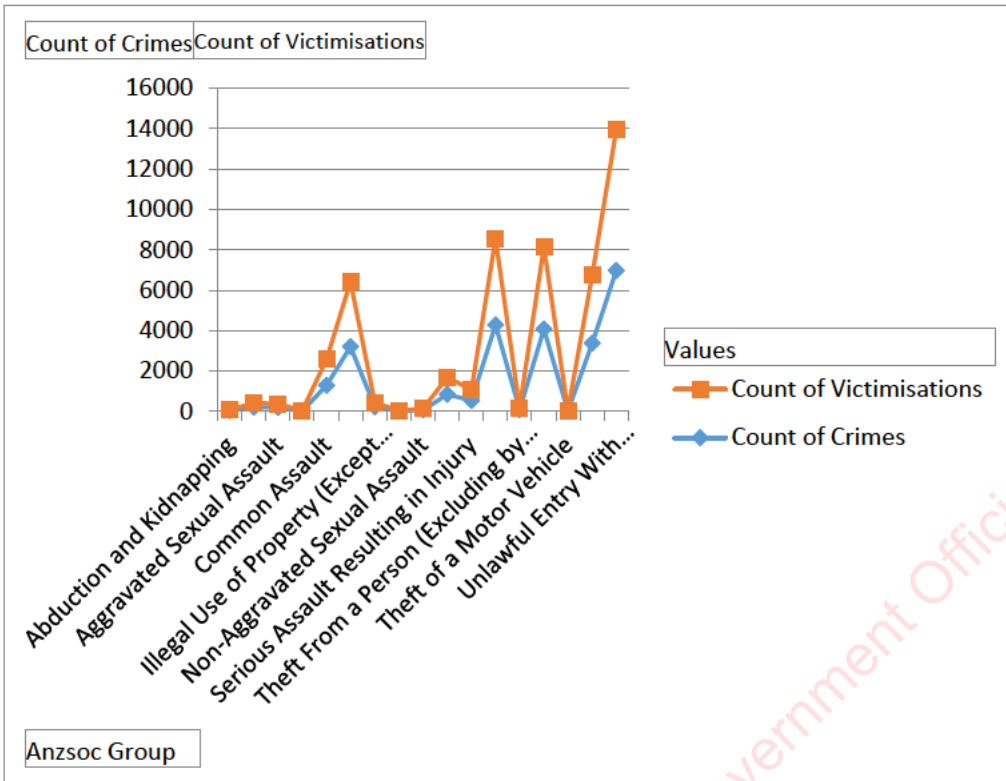
**3 PDFs**

Emails for release.pdf, Files for release.pdf, Paul Hunter - Crime information.pdf

This message requires that you sign in to access the message and any file attachments.

Crime Type	Count of Crimes	Count of Victimisations
Abduction and Kidnapping	32	32
Aggravated Robbery	215	215
Aggravated Sexual Assault	191	191
Blackmail and Extortion	22	22
Common Assault	1288	1288
Illegal Use of a Motor Vehicle	3210	3210
Illegal Use of Property (Except Motor Vehicles)	226	226
Non-Aggravated Robbery	21	21
Non-Aggravated Sexual Assault	75	75
Serious Assault Not Resulting in Injury	844	844
Serious Assault Resulting in Injury	544	544
Theft (Except Motor Vehicles)	4285	4285
Theft From a Person (Excluding by Force)	86	86
Theft From Retail Premises	4073	4073
Theft of a Motor Vehicle	27	27
Theft of Motor Vehicle Parts	3381	3381
Unlawful Entry With Intent/Burglary, Breaking & Entering	6982	6982
<b>Grand Total</b>	<b>25502</b>	<b>25502</b>

Released under the Local Government Official Information and Meetings Act



Released under the Local Government Official Information and Meetings Act

Row Labels	Sum of Victimisations	Sum of Crimes
<b>Abduction, Harassment and kidnapping</b>	<b>34</b>	<b>32</b>
<b>Abduction and Kidnapping</b>	<b>34</b>	<b>32</b>
Abduction and Kidnapping	34	32
<b>Acts Intended to Cause Injury</b>	<b>2790</b>	<b>2676</b>
<b>Common Assault</b>	<b>1327</b>	<b>1288</b>
Assault	1327	1288
<b>Serious Assault Not Resulting in Injury</b>	<b>893</b>	<b>844</b>
Assault	893	844
<b>Serious Assault Resulting in Injury</b>	<b>570</b>	<b>544</b>
Assault	570	544
<b>Robbery, Extortion and Related Offences</b>	<b>302</b>	<b>258</b>
<b>Aggravated Robbery</b>	<b>256</b>	<b>215</b>
Robbery	256	215
<b>Blackmail and Extortion</b>	<b>23</b>	<b>22</b>
Blackmail and Extortion	23	22
<b>Non-Aggravated Robbery</b>	<b>23</b>	<b>21</b>
Robbery	23	21
<b>Sexual Assault and Related Offences</b>	<b>270</b>	<b>266</b>
<b>Aggravated Sexual Assault</b>	<b>193</b>	<b>191</b>
Sexual Assault	193	191
<b>Non-Aggravated Sexual Assault</b>	<b>77</b>	<b>75</b>
Sexual Assault	77	75
<b>Theft and Related Offences</b>	<b>16413</b>	<b>15288</b>
<b>Illegal Use of a Motor Vehicle</b>	<b>3426</b>	<b>3210</b>
Motor Vehicle Theft and Related Offences	3426	3210
<b>Illegal Use of Property (Except Motor Vehicles)</b>	<b>235</b>	<b>226</b>
Illegal Use of Property (Except Motor Vehicles)	235	226
<b>Theft (Except Motor Vehicles)</b>	<b>4423</b>	<b>4285</b>
Theft (Except Motor Vehicles)	4423	4285
<b>Theft From a Person (Excluding by Force)</b>	<b>89</b>	<b>86</b>
Theft (Except Motor Vehicles)	89	86
<b>Theft From Retail Premises</b>	<b>4306</b>	<b>4073</b>
Theft (Except Motor Vehicles)	4306	4073
<b>Theft of a Motor Vehicle</b>	<b>27</b>	<b>27</b>
Motor Vehicle Theft and Related Offences	27	27
<b>Theft of Motor Vehicle Parts</b>	<b>3907</b>	<b>3381</b>
Motor Vehicle Theft and Related Offences	3907	3381
<b>Unlawful Entry With Intent</b>	<b>7155</b>	<b>6982</b>
<b>Unlawful Entry With Intent/Burglary, Breaking &amp; Entering</b>	<b>7155</b>	<b>6982</b>
Unlawful Entry With Intent/Burglary, Breaking & Entering	7155	6982
<b>Grand Total</b>	<b>26964</b>	<b>25502</b>

## Susan Sales

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**From:** [redacted] s7(2)(a)  
**Sent:** Wednesday, 26 October 2022 1:17 pm  
**To:** [redacted] s7(2)(a) @downer.co.nz  
**Cc:** [redacted] s7(2)(a)  
**Subject:** RE: Weapons being hidden by youth in parks / gardens / buildings / pool - In confidence

Hiya [redacted] s7(2)(a)

As you know there has been an increase in anti-social behaviour within the Hutt – mainly within the CBD and Riddiford Garden areas.

Please pass our thanks again to the guys who found a recent array of weapons and to [redacted] s7(2)(a) who took them to the Police.

It would be great if you and your team could meet [redacted] s7(2)(a) who is the Councils Safe City Manager – [redacted] s7(2)(a) took over [redacted] s7(2)(a) role...

It would be great if I could come down and introduce [redacted] s7(2)(a) and to attend one the next toolboxes with the team, would suggest the whole team. [redacted] s7(2)(a) can explain what the safe city team along with the Police are doing and what your team can do to keep safe – basically keeping you guys in the loop.

Can you please let me know what day and time would suit and we will be there.

Colin – not sure if your contractors have been updated, would be advisable - especially Intergroup.

Thanks, loads in advance

Cheers

[redacted] s7(2)(a)  
Contracts Manager – Green Assets  
Parks & Reserves  
Hutt City Council, 30 Laings Road, Lower Hutt 5040  
P: M: [redacted] s7(2)(a) W: [www.huttcity.govt.nz](http://www.huttcity.govt.nz)



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**From:** [redacted] s7(2)(a) @huttcity.govt.nz>  
**Sent:** Wednesday, 26 October 2022 11:26 am  
**To:** [redacted] s7(2)(a) @huttcity.govt.nz>; [redacted] s7(2)(a) @huttcity.govt.nz>; [redacted] s7(2)(a) @huttcity.govt.nz>; [redacted] s7(2)(a) @huttcity.govt.nz>; [redacted] s7(2)(a) @huttcity.govt.nz>  
**Subject:** Weapons being hidden by youth in parks / gardens / buildings / pool - In confidence

Good Morning,

We are experiencing a youth dynamic predominately in the CBD of lower Hutt, where youth are hiding weapons / car conversion tools in around parks and gardens / buildings / Riverbank Car Park / new World Car park for easy access.

This access to weapons / tools is aggravating concerns re crime (violence / Theft ex car) in the CBD of Lower Hutt. We have discussed with police – and they have simply stated that we destroy them if we find them.

If staff (Contractors) find any of these items – knives / machetes / Vice grips – used with screwdriver to force open ignitions / Spark Plugs – the tips are used as a glass breaker/ Screw drivers / Steel bars – we welcome them to secure and destroy them. If possible, can they photograph in situ and send a quick email to me.

All the weapons below have been found in the CBD in the past ten days. Previously Police were fingerprinting them – but not currently taking this response.

Cheers [redacted]



[redacted]

City Safety Manager

Hutt City Council, Naenae Pool, 2 Everest Avenue, Lower Hutt 5040

P: [redacted]

W: [www.huttcity.govt.nz](http://www.huttcity.govt.nz)



## Susan Sales

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**From:** Contact  
**Sent:** Monday, 17 January 2022 10:11 pm  
**To:** [REDACTED]  
**Subject:** RE: [EXTERNAL] Kelso Grove Street Lights [#67DD8B]

Kia ora [REDACTED]

Thank you for your email.

We have logged a job with the Road and Traffic Team and given it the reference number [REDACTED]

Did you know that you can report a problem on our website? Go to our report a problem page at [huttcity.govt.nz/RAP](http://huttcity.govt.nz/RAP).

If you would like more information about Hutt City Council and our services, please ring our Customer Contact Centre on 04 570 6666 or 0800 488 824.

Ng mihi nui,

[REDACTED]

### CUSTOMER SERVICES

#### HUTT CITY COUNCIL

30 Laings Rd  
Private Bag 31912  
Lower Hutt 5040  
New Zealand

w: <http://www.huttcity.govt.nz>

e: CONTACT@HUTTCITY.GOV.T.NZ

t: +64 4 570 6666 | 0800 488 824 (0800 HUTT CITY)

-----Original Message-----

**From:** [REDACTED]  
**Sent:** Monday, 17 January 2022 11:54:10 am  
**To:** contact@huttcity.govt.nz  
**Subject:** [EXTERNAL] Kelso Grove Street Lights  
Hi there

I am emailing to let you know the street lights on Kelso Grove are not working, which is a hazard at night as we have no light on the street.

With crime being rife at the moment I believe it makes us residents a target; are you able to investigate and fix them ASAP?

My contact number is [REDACTED] s7(2)(a) if you would like to discuss further.

Thank you

[REDACTED] s7(2)(a)

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Begin forwarded message:

From: [REDACTED] s7(2)(a)  
Date: 17 January 2022 at 10:09:04 AM NZDT  
To: Brady Dyer <[Brady.Dyer@huttcity.govt.nz](mailto:Brady.Dyer@huttcity.govt.nz)>  
Subject: [EXTERNAL] Replacement bin

Hi Brady,

I spoke to you earlier today this morning regarding the replacement of my damaged red lid bin. I would appreciate any help you could offer in having it replaced.

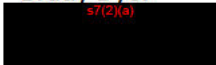


From: Brady Dyer <[Brady.Dyer@huttcity.govt.nz](mailto:Brady.Dyer@huttcity.govt.nz)>  
Sent: Monday, 17 January 2022 11:55 AM  
To: Elected Members Requests <[electedmembersrequests@huttcity.govt.nz](mailto:electedmembersrequests@huttcity.govt.nz)>  
Subject: Fwd: [EXTERNAL] Replacement bin

Hey there,

Had a call this morning from [REDACTED] s7(2)(a), she's called twice and been told to leave bin outside and will be swapped over soon, it's now been 4 weeks since it was damaged and she's worried about having the bin outside her house for so long with the increase in crime in her area.

Ngā mihi nui,  
Brady Dyer



(Apologies if this message was brief, it was sent on the go from my iWaea/iPhone)

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## Susan Sales

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**From:** Contact  
**Sent:** Friday, 14 January 2022 3:37 pm  
**To:** wellington@kidzneeddadz.org.nz  
**Subject:** FW: [EXTERNAL] Enquiry about Mayor being available to launch Blokes Book [#67CABH]  
**Attachments:** 2022 - BB The Blokes Book Wellington 2022-FINAL PROOF DRAFT 21 Dec 21.pdf; ATT00001.bin

Kia ora [REDACTED]

Thank you for your email.

We have forwarded this to the Mayors Office so they can arrange a reply.

If you would like more information about Hutt City Council and our services, please ring our Customer Contact Centre on 04 570 6666 or 0800 488 824.

Ngā mihi nui,

[REDACTED]

### CUSTOMER SERVICES

#### HUTT CITY COUNCIL

30 Laings Rd  
Private Bag 31912  
Lower Hutt 5040  
New Zealand

w: <http://www.huttcity.govt.nz>  
e: CONTACT@HUTTCITY.GOVT.NZ

t: +64 4 570 6666 | 0800 488 824 (0800 HUTT CITY)

**Sent:** Friday, 14 January 2022 11:19:44 AM  
**To:** contact@huttcity.govt.nz  
**Subject:** [EXTERNAL] Enquiry about Mayor being available to launch Blokes Book  
Kiaorana Hutt City

KND Wgtn and Male Survivors Wgtn are jointly launching attached Blokes Book. Would the Mayor be available to speak at the launch in the Hutt provisionally planned for May?

Also is there an image BB can use from Hutt City in the book?

Regards [REDACTED]



**KIDZ NEED DADZ CHARITABLE TRUST WELLINGTON**

Free Phone: 0508 CALL DAD (2255 323)

s7(2)(a)

[g.nz](#) | [Facebook](#) | [Donate](#) | [Sign up](#)

Strengthening Father-Child relationships through support, education and fun so that children have engaged fathers within loving families to help them thrive.

CONFIDENTIALITY NOTICE: The contents of this email message and any attachments are intended solely for the addressee(s) and may contain confidential and/or privileged information and may be legally protected from disclosure. If you are not the intended recipient of this message or their agent, or if this message has been addressed to you in error, please immediately alert the sender by reply email and then delete this message and any attachments. If you are not the intended recipient, you are hereby notified that any use, dissemination, copying, or storage of this message or its attachments is strictly prohibited.

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# THE blokes BOOK

2022

**WELLINGTON**  
*Tāne Whāi Ora*



Released under the Official Information and Meetings Act



**WELCOME TO THE**  
**Wellington Blokes Book**

The Wellington Blokes Book contains heaps of information, contacts and links to useful online resources that you may find helpful – covering a wide range of things from physical and mental health, men's groups, parenting and separated dads.

The booklet aims to make it quick and easy for you to find relevant information and contacts for health and social services, your community organisations both in your local area and within the wider Wellington region.

**You can find an online copy of this booklet at:**

**[www.kidzneeddadz.org.nz/wellington](http://www.kidzneeddadz.org.nz/wellington)**

**[www.facebook.com/kndwgtm](https://www.facebook.com/kndwgtm)**

**Want some FREE hard copies?**

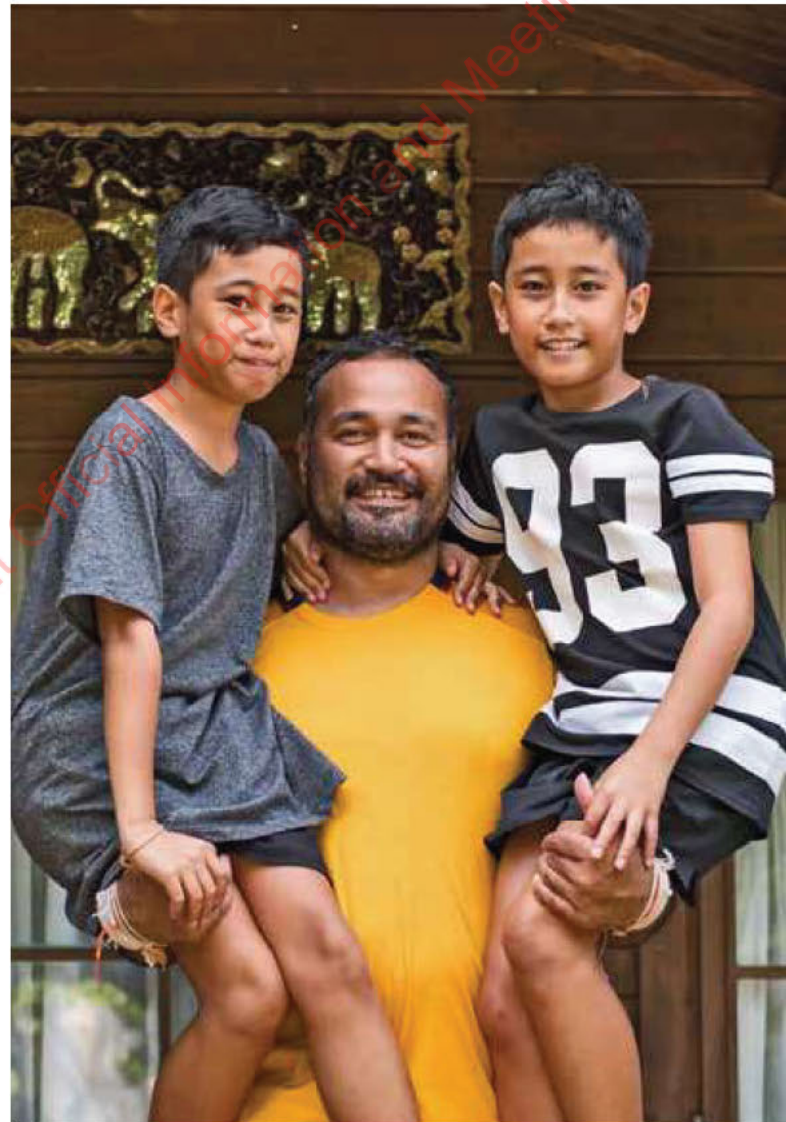
**Call**

**Stuart M: 021 810 321**

**Peter M: 027 281 6272**

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## Men's health – Do the basics

### Physical health

**Register with a General Practice:** One of the most important things you can do to look after your health is to register with a general practice team before you need health care. To find a General Practice near you, go to

[www.ccdhb.org/our-services/find-a-gp](http://www.ccdhb.org/our-services/find-a-gp)

**General checkup:** Go for a general checkup when you register with a new GP Doctor. Repeat this every five years for ages 30-39 and repeat every two years for 50+ years age. Don't wait if something is concerning you – make an appointment straight away!

**Eyesight:** Get your glasses checked every two years, Contact lenses every year. Go see an optician for an initial assessment to screen for health issues and if you feel that your eyesight ability has changed.

**Dentist:** Go see them once a year. Look after your teeth by using an electric/battery toothbrush and dental floss daily.

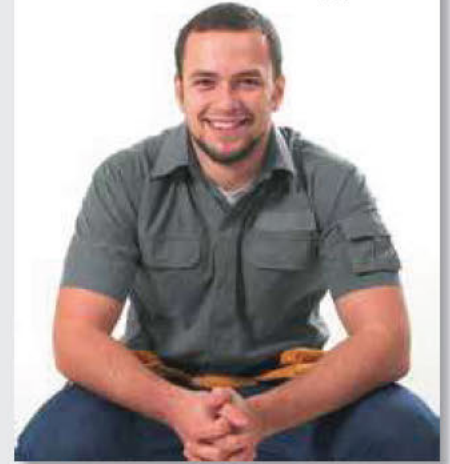
**Hearing test:** Hearing Test: Get a hearing test every 5 years. If you having difficulty hearing or if your mates, wife, partner are saying that you seem to be 'going deaf', make an appointment with a local audiologist for a checkup. To find one near you go to: [www.audiology.org.nz/for-the-public/find-your-nearest-mnz-as-audiologist](http://www.audiology.org.nz/for-the-public/find-your-nearest-mnz-as-audiologist)

**Sleeping and snoring:** Bad sleep and snoring are no joke!! It leads to bad moods, angry partners, difficulty concentrating and workplace injuries. There are usually lots of effective ways to improve your sleep. Check out Page 13 for more information about Snoring and Sleep Apnea.

### Have a doctor... and use them!

*"With some fellas, say with heart or skin cancer, they leave it too late, when a check up at the doc's would have picked it up."*

Dave 32, nurse



### Healthline

**Healthline FREE 24/7 Service | Freephone: 0800 611 116**

Free advice from trained registered nurses who can provide you with health information and advice on care over the phone.

Call Healthline if you are: Feeling unwell – but not sure whether you need to see a doctor, needing some urgent advice about a family member or friend who's sick, on holiday and want to know where the nearest doctor or pharmacy is.

Free health advice  
when you need it



**Healthline**  
0800 611 116  
[www.healthline.govt.nz](http://www.healthline.govt.nz)

# Sleeping, snoring and sleep apnea

## Sleeping and snoring

It leads to bad moods, angry partners, difficulty concentrating and workplace injuries. Over the long-term, this can create a higher risk of disease leading to an early death, as well as

- Heart disease
- Strained relationships
- Diabetes
- Obesity
- Erection problems

There are usually lots of effective ways to improve your sleep.

**For options talk to your GP, or contact the sleep specialists listed on this page.**

### The Sleepwell Clinic

Freephone: 0800 22 75 33  
[www.sleepwellclinic.co.nz](http://www.sleepwellclinic.co.nz)

### SleepTech Eden Sleep

Our Wellington clinic is at:  
74 Riddiford Street, Newtown  
9am-4pm, Monday - Friday  
Freephone: 0800 766746  
E: [office@edensleep.co.nz](mailto:office@edensleep.co.nz)

## Sleep apnea

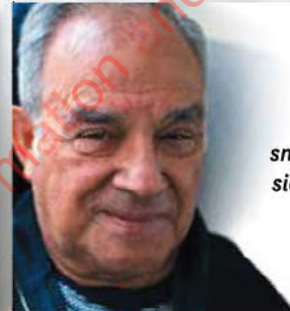
### What is sleep apnea?

Sleep Apnea affects more than 3 in 10 men and nearly 1 in 5 women, so it's more common than you might think.

Sleep Apnea affects the way you breathe when you're sleeping. In untreated

Sleep Apnea, breathing is briefly interrupted or becomes very shallow during sleep. These 'breathing pauses' typically last between 10 to 20 seconds and can occur up hundreds of times a night, jolting you out of your natural sleep rhythm.

As a consequence, you spend more time in light sleep and less time in the deep, restorative sleep that you need to be energetic, mentally sharp and productive the next day. This chronic sleep deprivation results in daytime sleepiness, slow reflexes, poor concentration and an increased risk of accidents. With treatment you can control the symptoms, get your sleep back on track and start to enjoy being more alert every day.



***"I tried to laugh it off...***

***but she hated my snoring and I just got sick of being tired all the time."***

**David, 68**



# Maintaining top health for men from aged 40



**Sleep:** For good health, most men need at least 7 hours sleep each night. Shift workers may need two sleeps in a day adding up to 8 hours or more. See page 5 for help with Snoring and Sleep Apnea.

**Exercise:** At least 30 minutes of physical activity 5 times a week is great for general health but even 10 minutes helps. Once warmed up during exercise, include brief spells of high intensity exercise (eg. Sprinting on the spot for 10 secs). Aim to avoid sitting as much as you can in your daily life.

**Drinking:** Keep your risk of alcohol-related accidents, injuries, diseases and death low by:

- Having at least 2 alcohol-free days every week.
- Eating food and drinking water whilst drinking delays the absorption of alcohol.

Want to know the best people to help stop or cut down drinking?

**Call the Alcohol Drug Helpline 0800 787 797**

**Wash Your Hands:** before preparing and eating food; after smoking, coughing, sneezing, wiping children's noses, visiting the toilet or changing nappies. Wash hands for at least 20 seconds and dry them for 20 seconds, or use an alcohol-based hand rub.

**Food:** Healthy eating is not about sticking to strict diets or depriving yourself of the foods you love. Rather, it's about eating a balanced range of foods that help you feel great, have more energy, improve your outlook, and help you achieve and maintain a healthy weight. Check it out here:

**[www.healthnavigator.org.nz/healthy-living/h/healthy-eating/](http://www.healthnavigator.org.nz/healthy-living/h/healthy-eating/)**

Aim for at least 5 servings of vegetables a day (eg. Raw carrot snack) – you don't have to restrict them to dinnertime! For most people's body clocks and sleep patterns, it is good to not eat after 8.00pm.

## Weight loss for men - 7 best tips



- 1. Losing weight has benefits for health, energy, agility, stamina, back-strain and self-esteem**  
Small steps to change is all it takes.
- 2. Weighing up the pros and cons of losing weight is a personal matter**  
If you are ready, weight loss information is the next step.  
[www.menshealthnz.org.nz/georges-weight-loss/](http://www.menshealthnz.org.nz/georges-weight-loss/)  
Refer Ministry of Health website/ Healthy Living page/ Help managing your weight.
- 3. Eating fewer calories leads to weight loss**  
High calorie foods include sugary foods and alcoholic drinks. Coloured vegetables - like carrots, broccoli, peppers - are great low calorie foods.
- 4. Burning more calories leads to fat loss**  
Including deliberate exercise and being more active in daily life adds to weight loss and helps to maintain weight loss.
- 5. Getting off-track with new habits doesn't mean instant weight gain**  
This is part of changing. Getting back on track at the next meal or the next session of exercise restarts the weight loss.
- 6. Keeping weight off depends upon keeping new habits over the long haul**  
The more you practice healthy habits, the easier they become. Having enough good quality sleep is important for achieving a healthy weight. Refer to the previous page for sleep problems.
- 7. Exercise**  
30 minutes of exercise 5 times in a week for general fitness. Build it up to 45-60 minutes of exercise 5-6 times a week. Include bursts (no more than 60 seconds at a time) of exercise at your maximum capacity to activate fat burning hormones.

# Working outdoors this summer?

Slip into shade when possible.

Slip on clothing that covers as much skin as possible.

Slop on some sunscreen. Apply 20 minutes before heading outside and reapply every 2 hours.

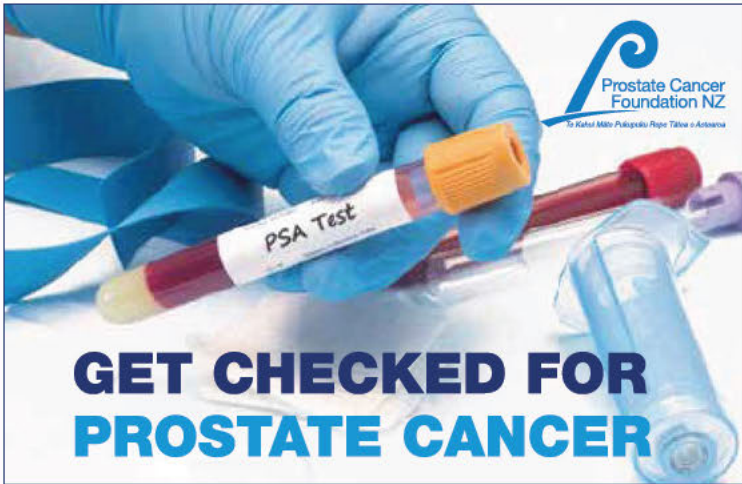
Slap on a hat with a wide brim.

Wrap on close-fitting sunglasses.



For more information on reducing your risk of cancer,  
visit [www.cancer.org.nz](http://www.cancer.org.nz)





**GET CHECKED FOR PROSTATE CANCER**

**1 in 8**

New Zealand men will get **prostate cancer** & over 650 die each year

**EARLY DIAGNOSIS SAVES LIVES**

**If you are over 50, get checked today!**

0800 477 678 | [info@prostate.org.nz](mailto:info@prostate.org.nz) | [www.prostate.org.nz](http://www.prostate.org.nz)



**Testicular cancer is the #1 cancer in young men.**

- Don't ignore any lumps or swelling in a testicle – get it checked out.
- Check yourself every month and know what is your normal.
- Testicular cancer is very curable, especially when diagnosed early.

**DETECTION IS IN YOUR HANDS**



**TESTICULAR CANCER NZ**

For more information please go to [www.testicular.org.nz](http://www.testicular.org.nz) or call the information line on 0800 660 800

Released under the Official Information Act / Mōkōwhiri i raro i te Awhiwhiri Kaitiaki Take Kōwhiri



HOW YOU  
FEELING BRO?

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# Mental health... Help, where do I start?

## Te Ara Korowai

Freephone: 0800 543 354

P: (04) 299 6981

E: [info@tearakorowai.org.nz](mailto:info@tearakorowai.org.nz)

Te Ara Korowai is a peer led creative wellbeing centre in Raumati Beach, Paraparaumu providing creative and wellbeing focused classes for all community members.

## Te Haika

Freephone: 0800 745 477

All initial contact and referrals now go through the Te Haika call centre.

Te Haika is the Mental Health, Addiction and Intellectual Disability Service (MHAIDS) call centre for people in crisis or experiencing moderate to severe mental health or addiction problems. It is staffed seven days a week, 24 hours a day (24/7) by registered mental health professionals.

## Community mental health teams

[www.mhaid.health.nz/our-services/community-mental-health-teams-general-adult](http://www.mhaid.health.nz/our-services/community-mental-health-teams-general-adult)

There are 6 Community Mental Health & addiction teams across Kāpiti, Hutt Valley (two teams), Wellington (two teams), Porirua and Wairarapa. This service provides assessment and treatment for adults from 18 years old to 65 years old.

## Helplines

### Need to talk?

Free call or text 1737 any time for support from a trained counsellor.

[thelowdown.co.nz](http://thelowdown.co.nz) or

E: [team@thelowdown.co.nz](mailto:team@thelowdown.co.nz) or

Free text 5626

### Lifeline:

0800 543 354 (0800 LIFELINE) or free text 4357 (HELP).

### Suicide Crisis Helpline:

0508 828 865 (0508 TAUTOKO).

## Small Steps

[www.smallsteps.org.nz](http://www.smallsteps.org.nz)

Small Steps provides a range of tools and information to support you to maintain or improve your wellbeing and support your friends and whānau.

The tools are free (you won't even use any data) and only take a couple of minutes to complete. They cover topics like relaxation, gratitude, self-worth, mindfulness, sleep, reframing thoughts, and supporting others.

Whether you're looking to maintain wellbeing, find relief, get help, or give help - Small Steps is with you, for you - he waka eke noa.

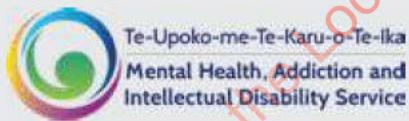
Small Steps





## HOW TO ACCESS MENTAL HEALTH SERVICES IN A CRISIS

Do you,  
or does  
someone  
you know,  
need help  
now?



[www.mh aids.health.nz](http://www.mh aids.health.nz)

## CONTACT TE HAIKA

WELLINGTON AND HUTT VALLEY

WAIRARAPA

0800 745 477

0508 432 432

Te Haika is the Mental Health, Addiction and Intellectual Disability Service (MHAIDS) call centre for people in crisis or experiencing moderate to severe mental health or addiction problems. It is staffed seven days a week, 24 hours a day (24/7) by registered mental health professionals.

If you or someone you know is in immediate danger, call emergency services 111.

### Crisis Resolution Service (CRS)

CRS covers Wellington, Porirua, Kāpiti and the Hutt Valley. They operate 24 hours, seven days a week and are available by contacting Te Haika.

The service works with the person, whānau and other relevant services to understand the nature of the crisis and provide support, advice and treatment.

CRS will remain involved with the person and their whānau until their crisis or immediate care and support-needs in the community have been resolved, or a suitable service has been recommended for further support.



## Sorting things out through counselling

### Men sometimes feel that counselling is no benefit for them.

*There are many aspects of therapy that can be beneficial to men – for example, tackling difficult conversations with a partner. Men are generally great at getting by. It's important at different times to stop and digest things that have happened and come up with better ways to live. Counselling is one way to do this.*

#### Choosing a counsellor that suits you

Good counsellors may be known by people you already know.

Recommendations from friends, people you work with, your GP, other guys who have been in similar situations are a great starting point.

Some counsellors offer consultations by SKYPE, and in the evening or at weekends.

#### Covering the cost of a counsellor

Some counsellors offer a sliding scale based on your income. Some agencies or churches have subsidised services you can access.

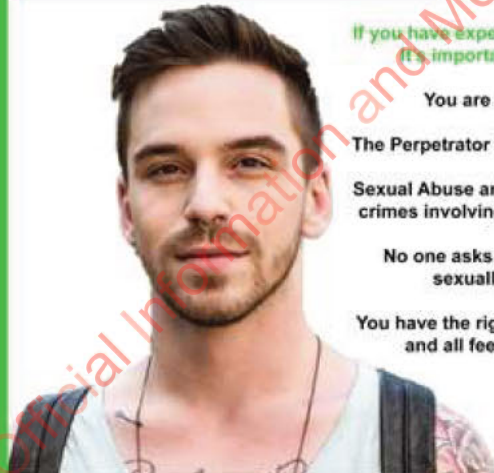
Work and Income New Zealand or your GP may be able to suggest funding options for you.

[www.talkingworks.co.nz](http://www.talkingworks.co.nz)



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MALE  
SURVIVORS  
OF SEXUAL  
ABUSE



If you have experienced sexual harm,  
it's important to remember

- You are not to blame.
- The Perpetrator is solely responsible.
- Sexual Abuse and Sexual Assault are crimes involving power and control.
- No one asks or deserves to be sexually assaulted.
- You have the right to experience any and all feelings you have.

**The Road Forward**  
*Tane Whai Ora*

The Road Forward provides free Peer Support that is grounded in the belief that Survivors and people are their own greatest resource; and focuses on the strengths that healing from trauma needs to be facilitated by people that know what they are doing, have lived experience and have the knowledge to help. Peer Support draws on the a shared understanding of the recovery journey.

**Empowering Male Survivors of Sexual Abuse**

Contact Richard Brewer  
0800 118 104 or 021 118 1043  
support@theroadforward.org.nz

Wellington Hutt Valley Porirua Kapiti  
www.theroadforward.org.nz www.facebook.com/theroadforward

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## Gay and Bi blokes

### Outline

Freephone 0800 OUTLINE  
or visit

[www.outline.org.nz](http://www.outline.org.nz)

between 6pm-9pm for support

OutLine is an all-ages rainbow mental health organisation providing support to the rainbow community. They provide a nationwide, free and confidential support line and online chat service for people who want to speak to a trained volunteer from the rainbow community.



### Rainbow Wellington

[www.rainbowwellington.org.nz](http://www.rainbowwellington.org.nz)

Rainbow Wellington is Wellington's LGBTQI+ lobbying and networking group. They provide support and advocacy for the Rainbow community to individuals and organisations through networking and social events.



### Rainbow Youth

Gender and  
Sexuality Support

[www.ry.org.nz](http://www.ry.org.nz)

RainbowYOUTH works with young people, their whānau and their wider communities to connect them with accurate information and services that will provide safe and respectful support.

### Online Support

Our real-time online support chat RY URL is available for any person in Aotearoa (aged 13-27) who is looking for guidance, support, or advice around sexuality, gender identity, and intersex status.

Our support workers can provide face to face support in Auckland, Bay of Plenty, Wellington, Northland & Taranaki and online everywhere else in Aotearoa.



## FREE TESTING AND CONDOMS

The New Zealand AIDS Foundation has been at the forefront of the community response to HIV in Aotearoa for more than 30 years.

We provide easy and discreet at-home test kits for STIs and HIV for gay and bi men who don't have access to a clinic, or who are uncomfortable getting tests from their GP. If you get a positive result, we have peer testers who can provide over-the-phone support, and free counselling is available for anyone who is impacted by HIV.

We also ship free condoms and lube anywhere in the country. If you're unsure what condom fits you best, you can also order a condom fitkit to ensure you're getting condoms that are right for you.

[ORDER NOW AT NZAF.ORG.NZ](http://NZAF.ORG.NZ)



New Zealand AIDS Foundation  
Te Tuāpapa Mātē Āraikore o Aotearoa

## Habits and addiction

**If you're struggling with a challenging habit like gambling, smoking, drugs or alcohol, you don't have to deal with it alone. There is support available to help you break the cycle of addiction or dependency.**

### Alcoholics Anonymous

Freephone: 0800 229 6757

E: [help@aa.org.nz](mailto:help@aa.org.nz)

[www.aa.org.nz](http://www.aa.org.nz)

A free membership 12 Step programme for people who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. A.A. membership is FREE.

### Al-Anon

[www.al-anon.org.nz](http://www.al-anon.org.nz)

Al-Anon helps and supports families of alcoholics and all people affected by

the alcoholism of a loved one or friend. Local meetings occur in Masterton, Raumati Beach, Paraparaumu, Plimmerton, Tawa, Upper Hutt, Lower Hutt, and Wellington City.

### Alcohol Drug Helpline

Freephone: 0800 787 797 – 24/7 Free

24 hours a day, 7 days a week, to speak with a trained counsellor. All calls are free and confidential.

### Community Alcohol and Drug Services (CADS)

Capital & Coast, Wellington

For self-referrals

Freephone: 0800 745 477

Call Wellington Hospital for general admission

P: (04) 494 9170

Provides treatment for people with moderate to severe coexisting substance use and mental health disorders. Lower Hutt, and Wellington City.

### Quit Line

Freephone: 0800-778-778

Call the Quitline for free advice and non-judgmental support to quit smoking.

Quitline is committed to helping all New Zealanders quit smoking, with a particular focus on Māori, Pacific peoples and pregnant women. If you have called them before and had a relapse, feel free to call them again.

### Care NZ – Addiction Treatments & Recovery

Wellington

Freephone: 0800 385 151

E: [wellington@carenz.co.nz](mailto:wellington@carenz.co.nz)

Lower Hutt | P: (04) 589 9691

Kāpiti Coast/Paraparaumu | P: 04 298 2805

Available for all men who are concerned about their own or a loved one's use of alcohol and drugs.

### Narcotics Anonymous (NA)

Freephone: 0800 628 632

[www.nzna.org/contact-information](http://www.nzna.org/contact-information)

[www.nzna.org](http://www.nzna.org)

Our message is simple that an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live. Anyone who thinks they might have a drug problem is welcome to a meeting. Check out website to find local meetings in Foxton, Otaki, Paraparaumu, Wairarapa, Hutt Valley, Porirua and Wellington.

### Salvation Army Bridge Programme

Addictions – Alcohol & Drug support

Freephone: 0800 530 000

Wellington P: (04) 389 6566

Upper Hutt P: (04) 527 3373

[www.salvationarmy.org.nz/need-assistance/addictions/alcohol-and-drugsupport](http://www.salvationarmy.org.nz/need-assistance/addictions/alcohol-and-drugsupport)

The Salvation Army Bridge offers the opportunity to get some help for yourself or a friend or relative to evaluate alcohol or drug use and explore ways to bring things under control again.

### Workaholics Anonymous

[www.12steps.nz/contact-us](http://www.12steps.nz/contact-us)

Contact them if would you like to find out more about 12 step programmes of recovery.

### Gambling helpline

Freephone: 0800 654 655

Text: 8006

[www.safergambling.org.nz](http://www.safergambling.org.nz)

Gambling Helpline also offers four specialist services; Māori Gambling Helpline, Pasifika Gambling Helpline, Debt Gambling Helpline, and Youth Gambling Helpline. Free 24/7 service.

### Over-Eaters Anonymous

E: [overeaters.anonymous.wellington@gmail.com](mailto:overeaters.anonymous.wellington@gmail.com)

[www.oaregion10.org/members/intergroups/#nz](http://www.oaregion10.org/members/intergroups/#nz)

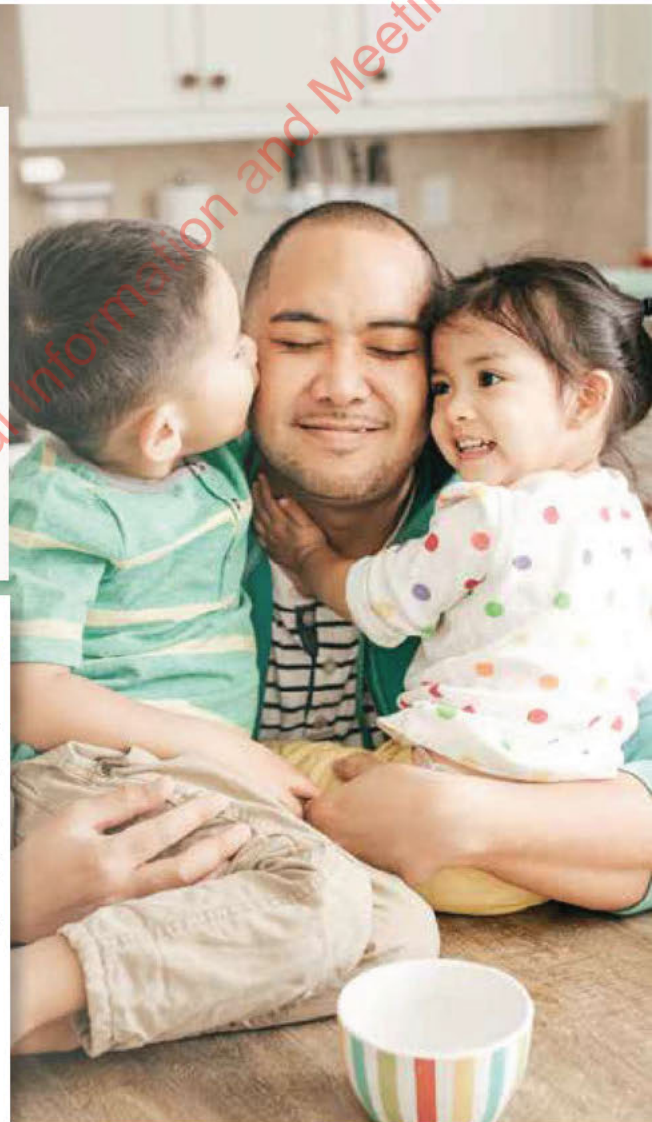
A 12 Step programme for people dealing with compulsive eating, anorexia, bulimia obesity and overeating. Meetings occur in Wellington Central and Lower Hutt. Moera - refer website for details: [www.oa.org/membersgroups/find-a-meeting](http://www.oa.org/membersgroups/find-a-meeting)

***“ I do A.A. on Tuesday,  
N.A. on Thursday and  
G.A. on the weekend.***

*Six cups of coffee, a pack of  
ciggies, a stick of pot and about  
four beers for dinner.*

*No, I don't have  
a drug problem  
mate.”*

*Johnno, 28*



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# Budgeting

## MoneyTalks

Freephone: 0800 345 123



[www.moneytalks.co.nz](http://www.moneytalks.co.nz)

Connects people and whānau with their local foodbanks, help them find their way through Work and Income processes and entitlements and support people to manage their money.

Anybody can get in touch with our MoneyTalks team if they need help with day-to-day money matters like budgeting and debt management and, it's free!

If our MoneyTalks team can't help you, they'll connect you with your local financial mentoring service for more ongoing support. Knowledge is power, and power is having choices.

## Wesley Community Action

P: (04) 385 3727 E: [info@wesleyca.org.nz](mailto:info@wesleyca.org.nz)

[www.wesleyca.org.nz](http://www.wesleyca.org.nz)

Provides support and services including a Good Cents initiative to assist families struggling financially, particularly those impacted by high interest loans. This programme assists financial literacy, and empowers participants to be in more control of their finances.

## Budgeting advice in your suburb

Wesley Community Actions: 04 237 7923

Otaki: 027 2499413

Masterton: (06) 378 8900

Paraparaumu: (04) 297 1436

Porirua Central: (04) 237 7749

Porirua East: (04) 235 6266

Petone: (04) 568 8831

Wellington Central: (04) 472 2466

Newtown Wgtn City Mission: (04) 245 0827

Kilbirnie: (04) 387 3573

## Petone Budgeting Service

P: (04) 568 8831

E: [manager@petonebudget.org.nz](mailto:manager@petonebudget.org.nz)



**"When I was made redundant...**

*we were left with big bills and a mortgage. Food parcels and some counselling services were useful."*

**Mark, 55**





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## Men's community/groups

Men's Groups used to be a normal part of the life of a kiwi male. If you miss having good men in your life, check out the options on this page and the next. Or to learn what is out there for you, call: Peter 027 281 6272 or Stephen 021 555 450

### Wellington Men

Contact: Stephen Harrison M: 021 555 450

Facebook: [www.facebook.com/WellingtonMen](http://www.facebook.com/WellingtonMen)

Organise regular regional men's gatherings aimed at building connection, strengthening networks among men, and forging friendships. The gatherings facilitate safe and supportive spaces for men to come together to share experiences, build trust with one another, and enjoy being with and among positive male energies.

### Brough Brothers Mens Group Wellington

Contact: Gordon P: (04) 386 3804 or

Tim P: (04) 938 1818 (evenings after 7.30pm)

Our group meets in central Wellington and is open to men who are working on their personal development and are interested in joining like-minded men. We help men share what is important to them. We are ordinary Wellingtonians from different walks of life. Rex McCann graduates welcome.



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**Tane Talks**

**Greenstone Doors**

15 Dudley Street, Lower Hutt  
Every Tuesday 7pm-9pm

**Family Centre**

1285 Fergusson Drive, Upper Hutt  
Every Thursday 7pm-9pm Chanel

**Contact Francis**

M: 0210 887 4824

E: [incouragecounsellor@gmail.com](mailto:incouragecounsellor@gmail.com)

Tane Talks is a men's group that provides a space for men to come along to, where they can feel comfortable and process the challenges men face day to day.

Tane Talks is about coming along to a group not only to feel heard but to hear and learn from other men, to get support as well as be supportive as we journey through the challenges of life.

A place for men to feel safe and unjudged.

**"A SAFE PLACE  
TO TALK"**

**Tane Talks**

Inspiring Changes | Making connections | Strengthening men

**Chanel Family Centre**  
1285 Fergusson Drive  
Upper Hutt  
Every Thursday  
7pm-9pm

Contact:  
[incouragecounsellor@gmail.com](mailto:incouragecounsellor@gmail.com)  
or Francis 02108874824  
if you would like more  
information

**Greenstone Doors**  
15 Dudley Street  
Lower Hutt  
Every Tuesday  
7pm-9pm

Contact:  
[evenmenneedtotalk@gmail.com](mailto:evenmenneedtotalk@gmail.com)  
or Graeme 0298010106  
if you would like more  
information

Greenstone Doors  
Whakarewa Trust

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### **MEN BEING REAL**

Men Being Real is an experiential weekend workshop that will change a man's life by connecting their head to their heart.

By attending, men will better understand the events that shaped them into the man they are today. You will become the man you have always wanted to be from the inside and being authentically you, rather than by toughing it out or trying to change your outward behaviour through pressure from others.

Over three thousand Men from all over New Zealand have completed the Men Being Real weekend workshop and have gained real and lasting personal benefit from attending. Free follow-up is available to men in their ongoing exploration to understand themselves better and be the man they and others want them to be. Fathering and partnership skills are enhanced.

We encourage you to ring us for further information and sign up today to do this popular workshop which is held quarterly in Auckland.

### **PATHWAYS TO MANHOOD**

Pathways to Manhood is a 5 day rite of passage residential programme for 14 - 16 year old boys and their father (or significant male figure). It has been developed to give boys a clearer understanding of masculinity and what it means to be a good man in today's society.

Teenage boys are constantly looking for somebody to validate their manhood and, in the absence of an intentional rite-of-passage, may attempt to 'self-initiate' by engaging in risky, violent or antisocial activities. Sometimes with tragic consequences.

We believe more positive outcomes can be achieved if young men are better supported when they start their journey.

Our event is the first week of the April school holidays in Swanson, West Auckland.

[www.essentiallymen.net](http://www.essentiallymen.net) | (09) 376 2386 | [info@essentiallymen.net](mailto:info@essentiallymen.net)

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# Youth



## Evolve – Wellington Youth Service

Freephone: 0800 380 583 | E: [reception@evolveyouth.org.nz](mailto:reception@evolveyouth.org.nz)

[www.evolveyouth.org.nz](http://www.evolveyouth.org.nz)

Instagram: [evolve.youth.service](https://www.instagram.com/evolve.youth.service) (this is generally where we will post our most up to date info)

Evolve is a Youth One Stop Shop (YOSS) delivering free integrated primary health care, social support and counselling services to young people ages 10-24 years old in the Wellington region. Evolve also offers free groups and programmes supporting youth development and wellbeing.



## Piki

E: [piki@tuora.org.nz](mailto:piki@tuora.org.nz)

[www.Piki.org.nz](http://www.Piki.org.nz)

Piki empowers and supports rangatahi towards better health and wellbeing. Piki is available to rangatahi aged 18-25 living in the Greater Wellington region and offers free success to

- Therapy at a convenient time and place
- Trained peer support coaches
- Links to 24/7 support through phone and web services

**Youthline**  
Changing lives.

Youthline Wellington has been providing support to young people in the greater Wellington community for over 50 years now!

Youthline offers free PHONE, TEXT, EMAIL & WEBCHAT COUNSELLING

Locally, we are proud to offer  
Youth Development Programme  
Mental Health Peer Support Programme  
Ongoing Education Programme  
&  
Education visits to schools and communities in the greater Wellington Region.

**0800 376 633** **234**  
[www.youthline.co.nz](http://www.youthline.co.nz)



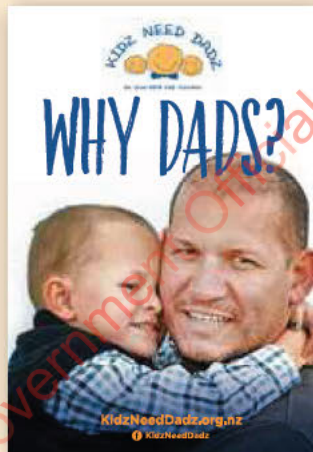
## Strengthening father/child relationships through support, education and fun!



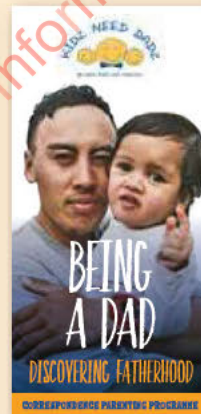
**Need a Hand?**  
Outlines what we can do to help fathers and resources.



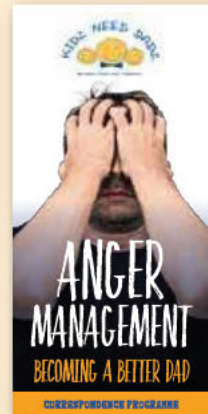
**New Dads!**  
Information including advice for birth time.



**Why Dads?**  
32 page, A5 booklet of some of NZ's best father's research, parenting information and family support.



**Discovering Fatherhood**  
Our comprehensive correspondence course on parenting from infancy to teens.



**Anger Management**  
A correspondence course that helps you remove anger from your parenting.

**Kidz Need Dadz Trust Wellington 0508 225 5323**

**Contact: James 027-262-35448**

**Email: [wellington@kidzneeddadz.org.nz](mailto:wellington@kidzneeddadz.org.nz)**

**Check out our resources for Dads on our website:**

**[kidzneeddadz.org.nz](http://kidzneeddadz.org.nz)**



### **KIDZ NEED DADZ WELLINGTON**

DadzKare is a volunteer group of parents who meet to support, empower and inspire each other about parenting .

The group sessions are for anyone needing support or information to work their way through separation and its many trials.

We share our experience about family law, financial, personal and parenting concerns. If you are feeling distressed, powerless or depressed about your situation then these meetings could be of help.

Receive support from others who have been through the same or similar experiences.

Our meetings are chaired by one of our trained volunteers in a safe and supportive environment for sharing with others. We provide our time, energy and resources to support and encourage other parents.

DadzKare Services 0508 CALL DAD (2255323)

**DadzKare Weekly Support Group**

**Tuesday evenings 7.30pm**

**Office 2, 6 Tongariro Street, Paraparaumu, Kāpiti Coast**

**Also Thursday evenings 7:30pm in these areas:**

**Wellington** first Thursday in month.

**Palmerston North** second Thursday in month.

**Hutt Valley** third Thursday in month.

**Masterton** fourth Thursday in month.

*Note these meetings are free*

**We also operate a freephone service (0508 CALL DAD (225532) for those wanting information.**

**E: [wellington@kidzneeddadz.org.nz](mailto:wellington@kidzneeddadz.org.nz) | Facebook: @kndwgtm | Givealittle:[givealittle.co.nz/org/kndwgtm](https://givealittle.co.nz/org/kndwgtm)**

**A donation/koha would help us reach more parents | [www.kidzneeddadz.org.nz](http://www.kidzneeddadz.org.nz)**



## KIDZKARE Supervised Contact Services



- Accredited provider
- Child friendly
- Approved guidelines
- Safe environment

Enhancing the lives of children to maintain and build relationships with parents families and whānau.

*For more information contact:*

**KidzKare Wellington Services**

**Office 2 Tongariro Street**

**Paraparaumu 5032**

**M: 027 543 9527**

**E: [haley.C@kidzneeddadz.org.nz](mailto:haley.C@kidzneeddadz.org.nz)**

**Hours: Monday to Sunday**

**(by appointment)**

*"To be in  
your children's  
memories tomorrow,  
you have to  
be in their lives  
today."*





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## Family and parenting

### Family Works – Supporting families and communities

Upper Hutt P: (04) 528 4164

Wainuiomata P: (04) 528 4164

Wairarapa/Featherston P: (06) 308 8028

Wellington/Thorndon P: (04) 439 4900

Porirua P: (04) 439 4900

Family Works Central is a family-centred social services agency that seeks to empower children, families, whānau and communities so they can flourish and reach their full potential.

### Barnardos

P: 0800 227 627 | [www.barnardos.org.nz](http://www.barnardos.org.nz) | For a range of social services for children and families.

### Plunketline

Freephone: 0800 933 922

[www.plunket.org.nz](http://www.plunket.org.nz)

A free, 24 hour help with anything to do with parenting and children under five.

### Parent Help

Freephone: 0800 568 856

[www.parenthelp.org.nz](http://www.parenthelp.org.nz)

This is a great place to get parent and family support.

### Parents Centre Aotearoa

[www.parentscentre.org.nz](http://www.parentscentre.org.nz)

We support parents to grow great children and build lifelong connections. Our expertly facilitated Antenatal and Parenting programmes are innovative, fun, interactive and engaging. Qualified facilitators create a safe, non-judgemental space for all parents to ask questions and get evidence-based information to support informed decision making for their whānau. Through our programmes we help parents make connections with other families to build lifelong support networks.

There are Parents Centres in Kāpiti, Mana, Wairarapa, Upper & Lower Hutt, Wainuiomata, Wellington North & South.



Supporting parents  
to grow great kids

FACE TO FACE & ONLINE



[WWW.PARENTSCENTRE.ORG.NZ](http://WWW.PARENTSCENTRE.ORG.NZ)



### Antenatal & Parenting Programmes

Join our expertly facilitated antenatal & parent education programmes which are informative, fun, interactive and engaging!

Our qualified facilitators create a safe, non judgmental space to ask questions and seek evidence-based information to make informed decisions about many aspects of pregnancy, labour, birth, feeding and parenting a new-born baby.



Your new-born will grow and develop with your care and guidance, and our postnatal programmes support you as you navigate uncharted waters during the early years.



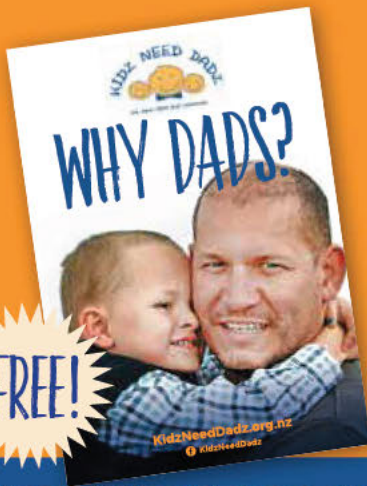
### Coffee Groups & Support Networks

Parents Centres programmes help set up crucial support networks and of course our famous coffee groups!



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Get your **FREE** copy of NZ's best resource for dad's.



"READING THIS BOOKLET HAS HELPED ME TO BETTER UNDERSTAND HOW IMPORTANT MY ROLE IS TO BE A GOOD DAD TO MY KIDS!"

**FREE!**

32 page, A5 booklet of some of NZ's best father's research, parenting information and family support.

Topics include: Men and Pregnancy / Dads and Babies / Dads and Learning / Provider Dads / Post Natal Depression / Long term Benefits of Dads / Absence of Dads

Download a pdf copy here:  
[www.kidzneeddadz.org.nz/resources-for-dads/](http://www.kidzneeddadz.org.nz/resources-for-dads/)  
or get your FREE hard copies from:  
Call James: 027-262-5448  
or email [james.b@kidzneeddadz.org.nz](mailto:james.b@kidzneeddadz.org.nz)



**net**  
nāku ēnei tamariki inc

**NET** is an organisation with three community-based teams serving Māori, Pacific, Pākehā and all other communities.

The programs we provide are complementary and are designed to support families/whānau/aiga/magafaoa/famili and tamariki/tamaikiiki/tamaiti/children.

**NAKU ENEI TAMARIKI INCORPORATED OFFICES**

**NET Māori**

P: (04) 920 1449  
Seaview, Lower Hutt

**NET Pacific and NET Pākehā/Other Cultures**

Level 1/15 Dudley Street, Hutt Central

Text or call 021 243 4339

Freephone: 0800 NET INC / 0800 638 562

E: [info@net-inc.org.nz](mailto:info@net-inc.org.nz)



## **Being a dad**

*Some fathers may have no idea how to be a good dad, but if keen, any dad should be given all the information and support services he needs. It is often called an injustice that fathers are seldom informed or encouraged to be better partners, parents and caregivers. Here are just a few sources of great information for dads.*

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### **Kidz Need Dadz (KND) Trust Wellington**

Contact: **Stuart Miller**

**M: 021 810 321**

**E: [wellington@kidzneeddadz.org.nz](mailto:wellington@kidzneeddadz.org.nz)**

**[www.kidzneeddadz.org.nz](http://www.kidzneeddadz.org.nz)**

We offer a weekly KidzNeedDadz meetings for you to talk parenting and meet with other dads.

Refer to page 25 for more details.

### **Correspondence Parenting Programme**

This FREE programme has 10-modules covering from baby brain development, play and safety, through to challenging teenagers. The material is focused on information about children's development as well as parenting techniques for the different ages. Your completed programme modules can be printed / posted or emailed. Refer to page 24 for more details.

### **Great Fathers**

**E: [contact@greatfathers.org.nz](mailto:contact@greatfathers.org.nz)**

**[www.greatfathers.org.nz/greatfathers](http://www.greatfathers.org.nz/greatfathers)**

*Ordinary men make great fathers* – This is a great website with heaps of good info for all dads – expectant dads, teen dads, old dads, first time dads. Check out their *Dads Toolbox* including Tips & Tricks for dads coping with life with a new baby – from crying to sleep deprivation to 'inside your babies brain'. See also *Dads Survival Guides – Going to be a Dad? And Congratulations Dad!*

Free DVD – *In Your Hands: What's it like to be a father!?!* - for you to gift to a new dad.

Plus check out the Hot Links for New Dads on website.

Refer to page 42 for more details.

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### Parent Centre Aotearoa

P: (04) 233 2022

[www.parentcentre.org.nz](http://www.parentcentre.org.nz)

PO Box 54128, Mana, Porirua

Antenatal classes, groups, courses for parents with babies and toddlers. There are branches in Kāpiti, Mana, Masterton, Upper & Lower Hutt, Wellington North & South.

### Parents Centre

Informative, fun, interactive and engaging Antenatal and Parenting programmes for expectant parents and parents of young children. Centres in Kāpiti, Mana, Wairarapa, Upper & Lower Hutt, Wainuiomata, Wellington North & South.

### Catholic Social Services

P: (04) 3858642

E: [reception@wn-catholicsocialservices.org.nz](mailto:reception@wn-catholicsocialservices.org.nz)

Level 1/ 132 Tory Street, Te Aro

We offer:

- Free Social Work support for individuals and families.
- "Game On" A 6 week parenting programme by Dads for Dads
- "Seasons for Growth" Grief and Loss programme

### Parenting Place

P: (09) 524 0025

E: [support@parentingplace.nz](mailto:support@parentingplace.nz)

[www.theparentingplace.com](http://www.theparentingplace.com)

In every course or workshop we run, you'll discover the parenting style that works in the 21st century – being a firm, fair and friendly coach.

Check out some articles, browse our resources, and find out about the events, programmes and courses we run all around the country. We have

Family Coaches who can give you the advice to get your family back on track. Please feel free to contact us.

### Greenstone Doors Charitable Trust

Contact our Lower Hutt office on

P: (04) 566 5037

Supports whānau through pregnancy and beyond. Each person is recognised as taonga and is treated with dignity, respect and in utmost confidentiality.

Its free services include: Counselling for grief and loss, relationship issues, one on one and support groups such as Tane Talks (for men) and Wellness for Women, baby clothing and equipment, pregnancy testing, playgroups and a network of help services to make referrals.

### Breastfeeding mum?

#### Tips for dads

**Tell her she's doing a good job.** The science shows you'll have a happier, healthier child because of her effort.

#### Tell her you support her with this regularly.

Knowledgeable support from someone trained in breastfeeding at La Lèche League Wellington - talk to one of their advisors:

**Rona 021 535 479, Leslie (04) 970 3320, Christine (04) 976 7737, Kjersti 021 406 055 or E: [llnzwellington@gmail.com](mailto:llnzwellington@gmail.com)**

**Do extra housework.** That extra hour a day you put in while she is drained by breastfeeding is an investment in your relationship. So cook, clean, check with her what she needs.

**Keep her company.** Make sure she's in a comfy chair and warm enough, bring her a glass of water and snacks, have a chat or just hang out with her while she's nursing.

**Take care of yourself.** Too many men work extra hours when they could hold off. Schedule a night out with your friends once a week.

**Weight gain can happen for various reasons.** Get walks in with baby or on the way to work.

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## Youth dads

### Young Parent Payment (YPP)

If you're aged 16 - 19 and you have tamariki in your care, you might be able to get a Young Parent Payment towards your living costs, so you can get back into school, training or work-based learning.

You may be able to get the payment if you're bringing up your own child, or if you're supporting whānau like brothers, sisters or cousins.

To get the payment, you must be either:

- 16 or 17 years old and living with parents who can get family tax credit, or
- 6 or 17, and you can't live at home or get help with money from anyone, and
- 16 to 19 and bringing up a child

The YPP can be accessed through VIBE AND KĀPITI YOUTH SUPPORT

### Vibe in Hutt Valley

Freephone: 0800 CHAT2VIBE (0800 24 28 28)

E: [info@vibe.org.nz](mailto:info@vibe.org.nz) | [www.vibe.org.nz](http://www.vibe.org.nz)

Lower Hutt P: 04 566 0525 | F: 04 586 2054 | 4 Daly Street, Lower Hutt

Upper Hutt P: 04 528 6261 | F: 04 528 8618 | Unit 3/222 Main Street, Upper Hutt

Free confidential health & support services for young people 10 to 24 years.

While you're getting Young Parent Payment, through Vibe you'll work with a youth coach to become an expert at managing your money.

Your youth coach will support you to build a great life for your child. We'll send you on a parenting course as soon as there's a space.

Bringing up a child is an important job, but you matter too! When your baby is old enough, your coach will help you get back into education, training, or work-based learning.

Vibe also has a young parent social worker who works with young parents (under the age of 20) who may need more intensive and/or longer-term support. (By referral.)



### Kāpiti Youth Support

Freephone: 0800 333 879

P: 04 905 9597 | 15-17 Tutanekai St, Paraparaumu 5032

P: 06 364 7305 | 14 Matene St, Otaki 5512

[www.kys.org.nz](http://www.kys.org.nz)

[www.facebook.com/KapitiYouthSupport](https://www.facebook.com/KapitiYouthSupport)

KYS is a Youth One Stop Shop (YOSS), providing free health and wellbeing services to rangatahi aged 10-24 years living in Kāpiti. We're a registered charity, and we've been around for more than 25 years. KYS has an awesome team of experts including doctors, nurses, psychologists, counsellors, social workers, youth coaches, mentors, young parent support groups and many other services - it's all free and totally confidential. Check out everything we do at [www.kys.org.nz](http://www.kys.org.nz)

Young Dads (under 24yr) can connect with our Young Parent Support programme which will support them as young parents and help grow skills and confidence in preparing for birth and becoming a great Dad.

**Mentoring:** At KYS, our mentors walk alongside rangatahi who may be young dad's, giving guidance, advice and support while helping them find strategies to cope with the pressures of everyday life.

**Teen parents education**

[www.kiwifamilies.co.nz/articles/teen-parent-units](http://www.kiwifamilies.co.nz/articles/teen-parent-units)

Education can take a back foot when a teen becomes a parent. Teen Parent Units are schools for young mums and dads and there are three Teen Parent Units (TPU) in the Wellington region:

**Puawānanga, Wairarapa Young Parents, Mākoura College, Masterton**  
P: (06) 377 3491

**Titiro Whakamua, Heretaunga College, Upper Hutt**  
P: (04) 528 8977

**He Huarahi Tamariki, Tawa, Wellington**  
P: (04) 232 0956



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Family  
Works

He taonga, he mokopuna  
It's all about the kids

## Family Works RESOLUTION SERVICE

**Relationship breakdowns, family separation or divorce is one of the most difficult things a family can face.**

Parents or guardians may disagree on things such as day-to-day care, the children's cultural upbringing and contact arrangements.

Family Works' Resolution Service can help you reach agreement on parenting arrangements, without needing to go to the Family Court. It's less stressful for everyone, especially the kids.

**FUNDING OPTIONS AVAILABLE.**



To learn more call us on

**0800 RESOLVE (0800 737 6583)**  
or visit: [www.resolutionsservices.org.nz](http://www.resolutionsservices.org.nz)



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# Separating dads

We are committed to raising the importance of Fathers in relationships, in families together and in families with two different homes.

Everywhere children need to be nurtured and shared and loved!

- Many dads don't see it coming.
- Shock, loss, grief and anger are common
- Ignoring things and denial don't help
- It does take time before things settle down
- Focus on your children, their welfare is number 1
- Stay calm, talk to mates, consider counselling
- Try to work out a parenting plan together
- Mediation can help
- Your kids do need you in their lives
- Regular contact is good for kids and dads
- Working together is best for your kids

**The BEST parent after separation is BOTH parents**



## Family Dispute Resolution

### Fairway Resolution

P: 0508 337 337 | Freephone: 0800 77 44 22  
[www.fairwayresolution.com](http://www.fairwayresolution.com)

There are three agencies that provide family dispute resolution services in this region. Refer to pages 36 and 39 to see their respective adverts.

## Parenting through separation courses

[www.justice.govt.nz/family/care-of-children/parenting-through-a-break-up](http://www.justice.govt.nz/family/care-of-children/parenting-through-a-break-up)

Free courses nationwide:

[www.justice.govt.nz/family/care-of-children/resolving-parentings-disagreements/parenting-through-separation](http://www.justice.govt.nz/family/care-of-children/resolving-parentings-disagreements/parenting-through-separation)

Free and a prerequisite for mediation or court proceedings. This is a great course for everyone to learn better communication skills.

## Find a counsellor in the Wellington region

Check out Talking Works website:

[www.talkingworks.co.nz/dir/wellington.html](http://www.talkingworks.co.nz/dir/wellington.html)

If you need professional support, refer to page 13 for more information.

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## Separated dads

### Separation:

On separating, many dads suffer shock, loss, grief and anger, and there may be a bit of denial.

It may take time before things settle. We know that Parenting Plans about the care of children should come first and these work better if the couple sort them out together. An important part in these plans and agreements is especially around maintaining contact and sorting a plan for both parents to work together in support of their children.

See Making a Parenting Plan on Ministry of Justice web page listed in the next column on this page.

### Protection orders

[www.justice.govt.nz/family/family-violence/apply-for-a-protection-order/](http://www.justice.govt.nz/family/family-violence/apply-for-a-protection-order/)

It's free to apply for a Protection Order. You can apply for a Protection Order if you're in, or have been in, a domestic relationship with a person being violent. If you're not in a domestic relationship with someone who is being violent towards you – you can apply for a Protection Order.

### Family Heart Services

Contact: Les Williams

M: 022 106 1574

E: [admin@familyheart.co.nz](mailto:admin@familyheart.co.nz)

[www.familyheart.co.nz](http://www.familyheart.co.nz)

Supervised contact services for separated parents. Provide support to families / family members who are vulnerable or in difficulty, in particular where parents are separated or at risk of separating.

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### **Making a parenting plan**

Free Parenting plans:

[www.justice.govt.nz/family/care-of-children/parenting-through-a-break-up/agree-on-a-parenting-plan/](http://www.justice.govt.nz/family/care-of-children/parenting-through-a-break-up/agree-on-a-parenting-plan/)

### **The family court - The family justice system**

Freephone: 0800 224 733 (weekdays)

People who have separated can get help outside of the court to help them agree on how they will care for their children. Refer to Family Dispute Resolution FDR providers on page 41.

If they can't agree, they can apply to the Family Court to resolve things.

### **KidzKare Wellington**

P: 0508 225 5323 | M: 027 543 9527

E: [Kidzkarewgtn@gmail.com](mailto:Kidzkarewgtn@gmail.com)

Supervised contact services – Accredited provider. Child friendly. Approved guidelines. Safe environment. Enhancing the lives of children to maintain and build relationships with parents, families and whānau.

### **Barnardos [www.barnardos.org.nz](http://www.barnardos.org.nz)**

Working within the community to provide a range of care, education and support services for children and their families.

## **Can't agree on care or contact arrangements for your kids?**

### **Give Family Dispute Resolution a go!**

Let our expert mediators help you.

Free and subsidised services available.



☎ 0800 77 44 20

✉ [fdr@fairwayresolution.com](mailto:fdr@fairwayresolution.com)

🌐 [fairwayresolution.com/FDR](http://fairwayresolution.com/FDR)

**fair way**

**kia tau**  
YOUR EXPERTS  
IN DISPUTE  
RESOLUTION

# Legal help

## Community law

Both the Wellington Office and the Te Awa Kairangi (Hutt Valley) Office

P: (04) 499 2928 | [www.wclc.org.nz](http://www.wclc.org.nz)

Wellington: Level 2, 15 Dixon St, Wellington

Lower Hutt: Level 2, 59 Queens Drive

Community Law Wellington and Hutt Valley provides community legal services to meet legal needs. At drop-in free legal advice sessions, we provide you with initial legal information and advice. In special circumstances, we may take you on as an ongoing client.

## Legal advice in your suburb

Wellington area

Kilbirnie Community Centre | 56 Bay Road

Newlands Community Centre | 9 Batchelor St

Newtown Community Centre

Salvation Army Newtown | 4 Normanby St

Centennial Community Centre | M: 021 389 823

Strathmore Park Community Centre | 108 Strathmore Avenue

## Legal advice in your suburb

Hutt Valley and Kaupapa Māori

Te Awa Kairangi (Hutt Valley)

Naenae Library | Hillary Court

Upper Hutt Library | 844 Fergusson Drive

Wainuiomata Community Centre | Queen Street

Kaupapa Māori

Wainuiomata Community Centre | 1A Queen St

Kokiri Marae | 7-9 Barnes Street, Seaview

P: (04) 939 4630 | Text: 027 9548 336 | E: [carol@koriri-hauora.org.nz](mailto:carol@koriri-hauora.org.nz)

Porirua Whānau Centre | 16 Bedford Court, Cannon's Creek

P: (04) 237 7749 | Text: 027 9548 336 | E: [Enquiry@poriruawhanau.org.nz](mailto:Enquiry@poriruawhanau.org.nz)

Ōrongomai Marae | 1/9 Railway Ave, Maidstone, Upper Hutt

M: 027 9548 336 | E: [pouwhirinaki@wclc.org.nz](mailto:pouwhirinaki@wclc.org.nz)

### Family court

Freephone: 0800 224 733 (weekdays)

[www.justice.govt.nz/family/about](http://www.justice.govt.nz/family/about)

The Family Justice System can help people who have separated to get help outside of the court to help them agree on how they will care for their children. Refer to Family Dispute Resolution services on page 36 and 39.

If you can't agree, then you may need to approach the Family Court to resolve things. The Family Court deals with lots of issues, from making orders for children not yet born right through to older people who are in need of care and protection.

Check out the Ministry of Justice website for information about the Family Court including: what to expect at Family Court, file & serve your documents, legal help in Family Court, lawyer for the child, and Family Court fees & costs.

There are 5 Family Courts in the Wellington region:

**Wellington** E: [wellington.dc@justice.govt.nz](mailto:wellington.dc@justice.govt.nz)

**Porirua** E: [porirua.dc@justice.govt.nz](mailto:porirua.dc@justice.govt.nz)

**Masterton** E: [masterton.dc@justice.govt.nz](mailto:masterton.dc@justice.govt.nz)

**Levin** E: [levin.dc@justice.govt.nz](mailto:levin.dc@justice.govt.nz)

**Hutt Valley** E: [huttvalley.dc@justice.govt.nz](mailto:huttvalley.dc@justice.govt.nz)

### Legal aid

Wellington

Freephone: 0800 2 LEGAL AID (0800 253 425)

**Criminal** E: [WGNCRiminallegalaid@justice.govt.nz](mailto:WGNCRiminallegalaid@justice.govt.nz)

**Family** E: [WGNFamilylegalaid@justice.govt.nz](mailto:WGNFamilylegalaid@justice.govt.nz)

**Civil** E: [WGNCivillegalaid@justice.govt.nz](mailto:WGNCivillegalaid@justice.govt.nz)

**Waitangi** E: [waitangilegalaid@justice.govt.nz](mailto:waitangilegalaid@justice.govt.nz)

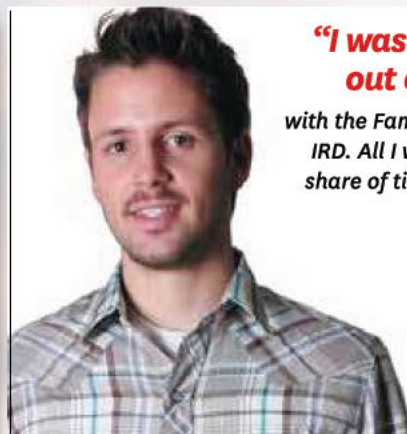
Legal-aid Legal aid is government funding to pay for legal help for people who cannot afford a lawyer. It helps people to resolve legal problems that may go to court and makes sure that people are not denied justice because they can't afford a lawyer. The two main types of Legal Aid are for Civil/Family and Criminal cases. Find out if you can get legal aid, how you can apply for legal aid and how you can find a lawyer.

**Support for Dads  
dealing with Family  
Court issues - they're  
not lawyers but still  
often useful...**

**Kidz Need Dadz Trust  
Wellington**

M: 021 810 321

E: [wellington@knd.org.nz](mailto:wellington@knd.org.nz)



**"I was scared and  
out of my depth**

**with the Family Court and the  
IRD. All I wanted was a fair  
share of time with my kids."**

**Angus, 33**

www.greatfathers.org.nz

# The New Dads TOOL BOX



Great Fathers  
Mana Matua  
Ordinary Men Make Great Fathers

# Hey Dad!

Because of you,  
I will...

Develop  
**BETTER  
PROBLEM  
SOLVING  
SKILLS**

Be better at  
**WAITING FOR  
ATTENTION**

**KEEP  
TRYING  
LONGER**  
when I'm  
faced with a  
challenge

Have **MORE  
TOLERANCE**  
for stress

**COPE BETTER**  
when I get  
frustrated

**FEEL  
MORE SECURE**  
and want to  
explore the  
world

\* Zero to Three  
- Tuning Into Dad

**You are important to me.**

# Grandparents raising grandchildren

## Grandparents raising grandchildren

[www.raisinggrandchildren.org.nz](http://www.raisinggrandchildren.org.nz)

Provides regional and local support to grandparents raising grandchildren through support groups and Field Officers with specialised knowledge and skills to assist caregivers as well education, training, critical information and support at each step of the caregiver.

## Support groups for grandparents raising grandchildren

Wellington, Porirua and Kāpiti: Contact Cecilee Donovan

M: 021 158 6643 | E: [wellington@grg.org.nz](mailto:wellington@grg.org.nz).

Wellington: Monthly support group meeting on the second Friday of the month at Newlands Community Centre 10am-12pm

Porirua: Monthly meetings

Hutt Valley: Contact Serenah Nicholson – meets on various days

M: 021 743 414 | E: [huttvalley@grg.org.nz](mailto:huttvalley@grg.org.nz)

Wairarapa: Contact Tere Lenihan

M: 021 509 493 | E: [wairarapa@grg.org.nz](mailto:wairarapa@grg.org.nz)

## Financial support and resources

### Parenting and guardianship information

[www.justice.govt.nz/family/care-of-children/parenting-and-guardianship/](http://www.justice.govt.nz/family/care-of-children/parenting-and-guardianship/)

### Unsupported Child's Benefit

[www.workandincome.govt.nz/products/a-z-benefits/unsupported-childrens-benefit.html](http://www.workandincome.govt.nz/products/a-z-benefits/unsupported-childrens-benefit.html)

## Grandparents raising/parenting their grandchild/grandchildren

There are a lot of Grandparents in NZ raising their grandchildren!

My husband and I are raising our son's 5-year-old daughter who has been partly in our care since she was 3-months-old.

We gained FULL guardianship & additional guardianship of our granddaughter end of 2020 after a lengthy 3-year legal court battle.

We have experienced feelings of isolation, grief, misunderstanding, judgement and have lost friends along the way. We have raised our own 4 children who are now all adults, and we are now raising our granddaughter as we head into our 60s which wasn't on the card for this time of our lives.



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# Family/domestic violence

## Stopping your violence

Anger management online course

[www.fatherandchild.org.nz/programmesand-services/courses-for-dads](http://www.fatherandchild.org.nz/programmesand-services/courses-for-dads)

Free from the Father&Child Trust that looks at understanding anger, communication skills and discipline without violence.

## Anger management

Anger management resources

[www.mentalhealth.org.nz/conditions/condition/anger](http://www.mentalhealth.org.nz/conditions/condition/anger)

Online brochures from Mental Health Foundation include:

- Anger, conflict, bullying - what to do
- Managing your Anger

## Family/Domestic Violence Information Line

Call their info line

Freephone: 0800 456 450

Provides self-help information and connects people to services where appropriate. It is available seven days a week, from 9am–11pm, with an after-hours message redirecting callers in the case of an emergency.

## It is OK to ask for help

See their website for information

[www.areyouok.org.nz](http://www.areyouok.org.nz)

## Stopping their violence

[www.justice.govt.nz/family/domestic-violence](http://www.justice.govt.nz/family/domestic-violence)

Go to the Ministry of Justice website for heaps of good information and links to support providers.

## NZ Police

[www.police.govt.nz/advice-services/family-violence](http://www.police.govt.nz/advice-services/family-violence)

Call your local Police Station and ask for their Family Violence Coordinator.

People at risk from domestic violence can get a Police Safety Order from the police or a Protection Order from the court.

## National Network of Stopping Violence

[www.nnsvs.org.nz](http://www.nnsvs.org.nz)

A network of community organisations working to end men's violence to women and children across New Zealand. To find your nearest office in Masterton, Kāpiti, Porirua, Lower Hutt, Levin visit our website.

**Ministry for Vulnerable Children –  
Oranga Tamariki**

24/7 Service | P: 0508 326 459

**Worried about a child? How to  
identify abuse?**

[www.mvcot.govt.nz/identify-abuse](http://www.mvcot.govt.nz/identify-abuse)

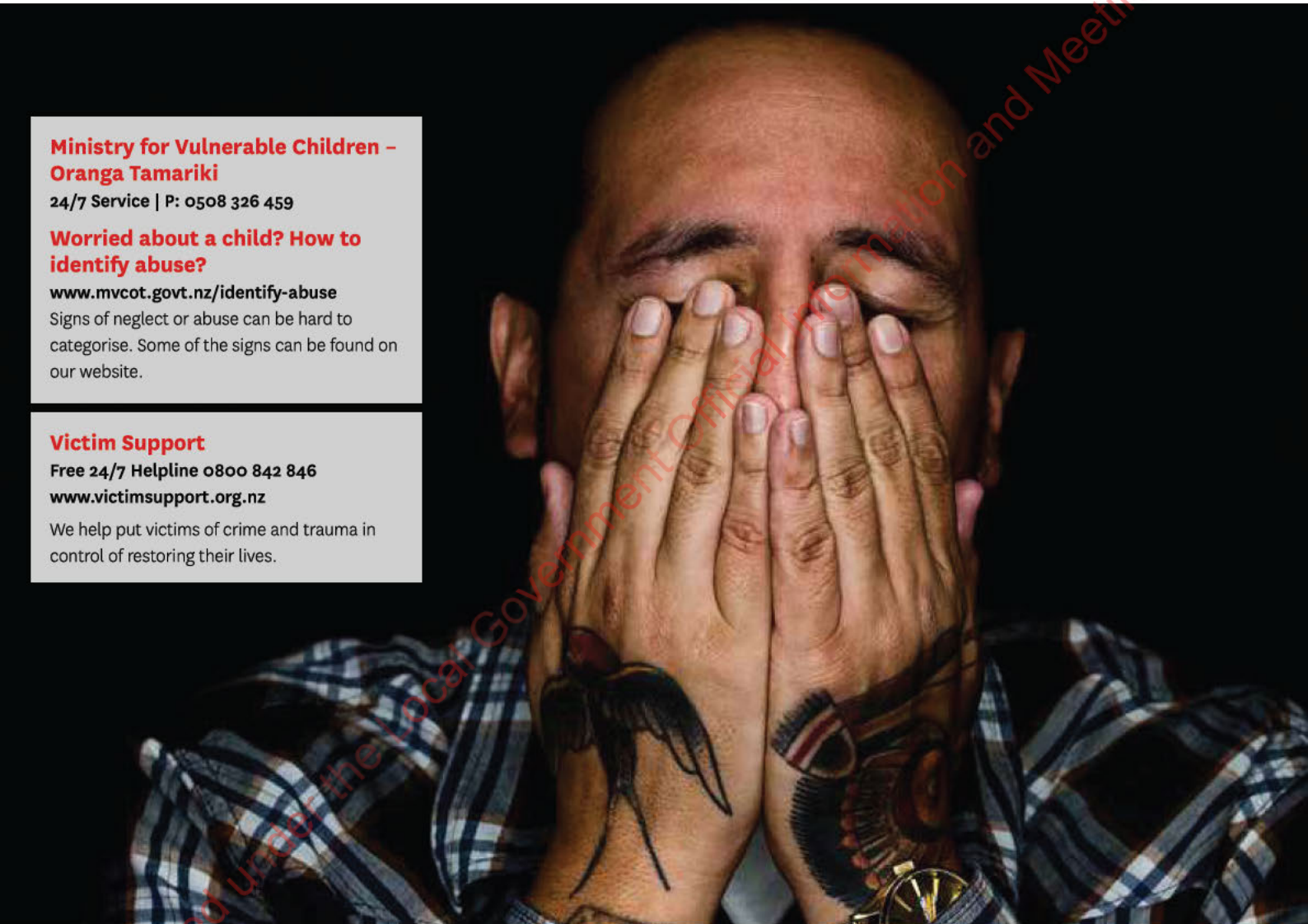
Signs of neglect or abuse can be hard to  
categorise. Some of the signs can be found on  
our website.

**Victim Support**

Free 24/7 Helpline 0800 842 846

[www.victimsupport.org.nz](http://www.victimsupport.org.nz)

We help put victims of crime and trauma in  
control of restoring their lives.



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## Tāne Ora

### Tāne Ora Programmes

Contact:

John Kingi at Kokiri Marae Seaview

P: (04) 939 7906

Tama Tu Tama Ora (supporting Māori Tāne to manage their anger).

### Porirua Whānau Centre

P: (04) 237 7749

E: [enquiry@poriruaWhanau.org.nz](mailto:enquiry@poriruaWhanau.org.nz)

[www.poriruaWhanau.org.nz](http://www.poriruaWhanau.org.nz)

Provides family support services and is one of six Family Social Service Centres in New Zealand.

### Depression.org

[www.depression.org.nz/Maori](http://www.depression.org.nz/Maori)

Helps you to recognise and understand depression and anxiety from a Māori world view. You can also try the self-test or watch videos of people across Aotearoa talking about their journey through depression and anxiety.

### Whanau in Wellington or Porirua Hospital

P: (04) 806 0948

E: [wcs@ccdhb.org.nz](mailto:wcs@ccdhb.org.nz)

Phone the Whānau Care Services team for support for patient queries, accommodation, social, Tikanga support or grief & loss.

### Whānau in Hutt Hospital?

The Māori Health Development Unit

P: (04) 566 6999

### Te Roopu Awhina ki Porirua

Main office

City Fitness Building

Level 1, 1 Walton Leigh Office

P: (04) 238 4090/92

Freephone: 0800 872 800

E: [reception@tra.org.nz](mailto:reception@tra.org.nz)

Provides social and family support services.

### Hora Te Pai Kāpiti Health Centre

P: (04) 902 7095

### Tane Talks

Greenstone Doors

15 Dudley Street, Lower Hutt

Every Tuesday 7pm-9pm

### Family Centre

1285 Fergusson Drive, Upper Hutt

Every Thursday 7pm-pm Chanel

Contact Francis

M: 0210 887 4824

E: [incouragecounsellor@gmail.com](mailto:incouragecounsellor@gmail.com)

Tane Talks is a men's group that provides a space for men to come along to, where they can feel comfortable and process the challenges men face day to day.

Tane Talks is about coming along to a group not only to feel heard but to hear and learn from other men, to get support as well as be supportive as we journey through the challenges of life.

A place for men to feel safe and unjudged.

"A SAFE PLACE  
TO TALK"

### **Nga TeKau Health Services**

**P: (04) 473 2502**

A Kaupapa Māori alcohol & other drugs service.

### **Ora Toa Mauriora**

**Porirua/Wellington:**

**P: (04) 238 4071 | E: info@tekau.maori.nz**

We receive referrals from all sources including walk-ins. We service Māori and other ethnicities.

### **Ora Toa Mauriora**

A Mental health and addictions service.

#### **Counselling:**

**Ora Toa Mauriora – Tu Te Wehi (Primary Mental Health)**

227 Bedford St, Cannons Creek | 45 Rugby St, Newtown

**Ora Toa Mauriora – Tu Te Wana (Kaupapa Māori Alcohol & other drug services)**

227 Bedford St, Cannons Creek | 45 Rugby St, Newtown |

2 Ngatitōa St, Takapuwahia

**Ora Toa Mauriora – Tu Te Ihi (Safe Gambling)**

**P: (04) 237 6057 | 2 Ngatitōa St, Takapuwahia**

### **Programs to support**

families/whānau/aiga/magafaoa/famili and tamariki/  
tamaikiiki/tamaiti/children



**NET Māori | P: (04) 920 1449 | Seaview, Lower Hutt**

**NET Pacific and NET Pākehā/Other Cultures**

Level 1/15 Dudley Street, Hutt Central

Text or call: 021 243 4339 | Freephone: 0800 NET INC / 0800 638 562

E: info@net-inc.org.nz



# Kokiri Marae

## **HEALTH AND SOCIAL SERVICES**

### **Whānau Ora Social Services**

Through it's Whānau Ora Social Service, Kokiri Marae offers a wide range of social services to at risk Māori and their whānau in Upper Hutt and the Hutt Valley.

A strength based approach to assist in increasing whānau capabilities – to be self managing, live healthy lifestyles and to participate fully in society.



### **Tama Tu Tama Ora Program**

Men's group supporting Māori tane to manage their anger

Tama Tu Tama Ora is for Māori men – as fathers, husbands, brothers and koro - who have the courage to change and to acknowledge and own their violence and the impact that has on wahine, tamariki and whānau.

### **WHANAU ORA AND TAMA TU TAMA ORA PROGRAM**

Monday to Friday 8.30am to 5.00pm

**P: (04) 939 4630**

**Kokiri Marae, 7-9 Barnes Street, Seaview, Lower Hutt**

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## Pasifika men's health and wellbeing

### Hutt Union & Community Health Service

Freephone: 0800 31 31 00 | E: [admin@huchs.org.nz](mailto:admin@huchs.org.nz)

Provides low cost primary health services for people in the Hutt Valley with clinics in Pomare, Taita and Petone.

### Te Kaiga Fakaofu, Tokelau I Ueligitone Inc.

E: [fakafoexecutive@gmail.com](mailto:fakafoexecutive@gmail.com)

Provides community services and support to Tokelauan.

### Strong Pacific Families Porirua

P: (04) 237 1503

[www.facebook.com/pages/Strong-PacificFamilies/364269264619](https://www.facebook.com/pages/Strong-PacificFamilies/364269264619)

Provides awareness and information for Pacific families to counter and address family violence.

### Taeaomanino Trust Porirua

Freephone: 0800 345 345

E: [office@taeaomanino.org.nz](mailto:office@taeaomanino.org.nz)

[www.taeaomanino.org.nz](http://www.taeaomanino.org.nz)

Provides social support services to Pacific people, families and groups within Porirua City.



Programs to support families/whānau/aiga/magafaoa/famili and tamariki/tamaikiiki/tamaiti/children

#### NET Māori

P: (04) 920 1449 | Seaview, Lower Hutt

#### NET Pacific and NET Pākehā/Other Cultures

Level 1/15 Dudley Street, Hutt Central

Text or call: 021 243 4339

Freephone: 0800 NET INC / 0800 638 562

E: [info@net-inc.org.nz](mailto:info@net-inc.org.nz)



## Pacific Health Service HUTT VALLEY

We work closely with our Pasefika community in the Hutt Valley north of Wellington. We provide community engagement, development, support, health services and social services. Our focus is A Vibrant Healthy Pasefika community.

Our Pasefika family-centred approach reinforces family strengths, provides appropriate support and empowers families to live well with greater control over their lives.

### PACIFIC HEALTH SERVICES – HUTT VALLEY

Open Monday to Friday 9.00am to 5.00pm

1 Hewer Crescent, Naenae

P: (04) 577 0394 E: info@phshutt.co.nz

[www.pacifichealthhutt.co.nz](http://www.pacifichealthhutt.co.nz)

PACIFIC HEALTH SERVICE

## Toloa Mental Health Service HUTT VALLEY



The Toloa Service is a "by Pacific for Pacific" primary mental health and addictions service that is fully culturally connected (based on our Aiga-centred model of care and Pasifika values) and fully accessible to all Pacific people in the Hutt Valley.

'E lele le Toloa 'ae ma'au i le vaivai'. The Toloa (black swan) leaves its normal habitat to explore its surrounding environment, but as a Toloa, will always return to its 'vaivai' (habitat). As Pasifika individuals, we always return to our 'aiga'.

Referrals from GP and mainstream services as well as self referrals are welcome.

**DEREK SAUMOLIA** Toloa Team Leader

M: 027 494 3939 | E: derek.saumolia@phshutt.co.nz

**OKESENE TIME** Mental Health Worker

E: okesene.time@phshutt.co.nz

**TEA MUIAIVA-SAOLELE** Mental Health Worker

E: tea.muaiava-saolele@phshutt.co.nz

### TOLOA MENTAL HEALTH SERVICE

1 Hewer Crescent, Naenae, Hutt Valley

P: (04) 577 0394 | E: info@phshutt.co.nz



# Refugee and migrant communities

## Immigration New Zealand

P: (04) 910 9915

[www.immigration.govt.nz](http://www.immigration.govt.nz)

Immigration New Zealand provides reliable information for prospective migrants and new migrants already in New Zealand. Information regarding Visa options, employment and other resources are available on the website.

## CAB – Community Advice Bureau

Freephone: 0800 367 222

[www.cab.org.nz](http://www.cab.org.nz)

Your nearest Citizens Advice Bureau (CAB) can provide you with free advice on all sorts of things in your local community. If you want to speak to someone in your local area, a walk-in information service is available at your nearest Citizens Advice Bureau (CAB). To find out where your nearest CAB is located, either free call or look online.



E: [info@aotearoa-rmss.org.nz](mailto:info@aotearoa-rmss.org.nz)

Or send message through their [www.aotearoa-rmss.org.nz/contact](http://www.aotearoa-rmss.org.nz/contact)

### Support for Migrants and Refugees

We work with Culturally and Linguistically Diverse Community members (CALD) through someone from their own/or similar culture and in their own language. Amongst our services we provide:

- Cultural Capacity and Capability Building: workshops for agencies working with CALD community
- Cultural Bridging Facilitation: bridging between two cultures in meetings
- Business Start-up Support.



*New Zealanders from refugee backgrounds participating fully in Aotearoa New Zealand life*

### PHONE

04 801 8512

### EMAIL

[info@crf.org.nz](mailto:info@crf.org.nz)

### WEB

[www.crf.org.nz](http://www.crf.org.nz)

**ChangeMakers Resettlement Forum** is an NGO that offers Community Development, Research and Advocacy to facilitate successful participation of our refugee background community members in Aotearoa New Zealand society.

All of our work is informed by our refugee background communities who are the majority on our Board and are the representatives of our Leaders Council.

We have several Community Development programmes and initiatives in response to community needs including:

- sporting initiatives
- womens and mens focus groups,
- drivers license training programmes

Our programmes also focus on youth.

Following are details of the two key partners that work with refugees and migrants in the Wellington region.

### New Zealand Red Cross

Freephone: 0800 733 2767  
(to find your local Red Cross branch)



#### Pathways to Settlement – Ngā Ara Whakatau Tangata

Offers support to former refugees in New Zealand as they begin their resettlement journey.

#### Pathways to Employment – Ngā kaupapa hunga whakarere

Finding employment is a key part of the resettlement process. This programme helps refugees to gain employment.

#### Refugee Trauma Recovery – Whakaora Whētuki Rerenga

Provides clinical and therapeutic support to former refugees who have experienced torture and/or trauma and is available to children, young people and adults.



### English Language Partners

English is key to accessing work, education and everyday life in New Zealand. Our professional teachers and volunteers teach English to former refugees and migrants so they can participate at work and in our communities with confidence.



[www.englishlanguage.org.nz](http://www.englishlanguage.org.nz)

Wellington Level 5, 186 Willis Street, Wellington

P: (04) 384 1992 | E: [wellington@englishlanguage.org.nz](mailto:wellington@englishlanguage.org.nz)

Hutt 27 Kings Crescent, Lower Hutt

P: (04) 570 1335 | E: [hutt@englishlanguage.org.nz](mailto:hutt@englishlanguage.org.nz)

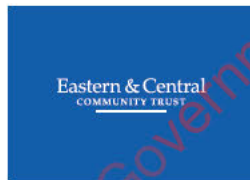
Porirua Level 1, 7 Hartham Place South, Porirua

P: (04) 238 9400 | E: [porirua@englishlanguage.org.nz](mailto:porirua@englishlanguage.org.nz)





Thanks to these organisations for their support



If you want more hard copies of the booklet, contact

Stuart Miller, Kidz Need Dadz P: 021-810-321 or | Peter Crosland, P: 027-281-6272

Or to find a pdf copy of the booklet, go to: [www.kidzneeddadz.org.nz/wellington](http://www.kidzneeddadz.org.nz/wellington) | [www.facebook.com/kndwgtn](https://www.facebook.com/kndwgtn)

If you think this booklet is useful to Wellington Blokes, you can give a Donation towards the cost of reprinting this booklet.

Go to [www.givealittle.co.nz/org/kndwgtn](http://www.givealittle.co.nz/org/kndwgtn)

An aerial photograph of a town, likely in New Zealand, featuring a prominent winding river that flows through a lush green golf course. The town's residential and commercial buildings are visible in the foreground and middle ground, with a large body of water and a marina in the distance. The sky is clear and blue.

# Te Wawaotanga Rangatahi

# INTRODUCTION – OVERVIEW

Historically – Crime Hot Spots in the Lower Hutt are Hutt Central / Moera / Petone / Wainuiomata / Naenae.

Over representation of theft in Petone / Hutt Central – distorts the figures.

Hutt Central / Wainuiomata / Naenae are overrepresented in all statistics, but of concern – serious crime  
Robbery / Assault / Sexual Assault / Burglary

Internally we now assigned Manu Taki to respective suburbs – Naenae ( [redacted] )  
[redacted] (Petone) Lower Hutt CBD [redacted] Wainuiomata (TBC).

Moera

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# August 2016 - July 2021 - Incidents by Location



# WAINUIOMATA / NAENAE / CBD

Those aged 15 to 24 years account for as much as 40% of criminal-justice apprehensions (National Statics – MOJ).

Transitory Offender (85-90%) Vs Life Core Offenders(LCP) (10-15%)

LCP - A pervasive pattern of chronic criminal behaviour / Commit more serious, predatory crimes and begin offending at an earlier age.

30 -50 children / Youth in Lower Hutt defined/ identified as LCP – congregating in Wainuiomata / Naenae / CBD.

Overwhelmingly Māori / Pacifica Males – Hyper active criminally / Hyper Social Media / Collective Criminal Acts

LCP will commit late into adulthood – 40-45 years old

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# THE STACKED DECK

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# WHAT WE ARE SEEING AROUND IN LOWER HUTT

LCP Historically - Age 4 biting and hitting / Age 10 Truancy and Shoplifting / Age 16 Sell Drugs – Steal cars / Age 22 Robbery and Rape / Age 30 Fraud and Child Abuse.

Persistence of other problem behaviors – drug addiction / homeless / unstable relationships / domestic violence / mental health

s7(2)(a) Observations – CCTV Supervisor / s7(2) Manu Taki /  
Youth Aid -Police Joel O'Meara

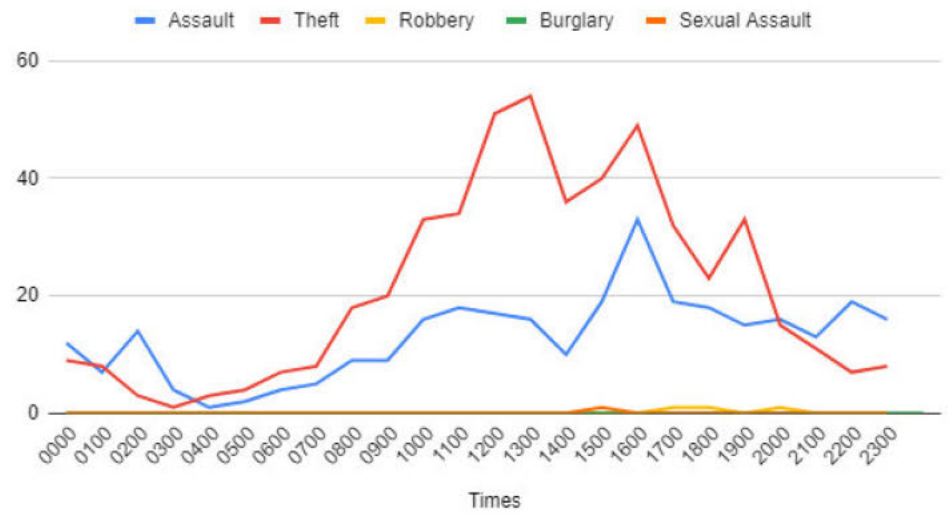
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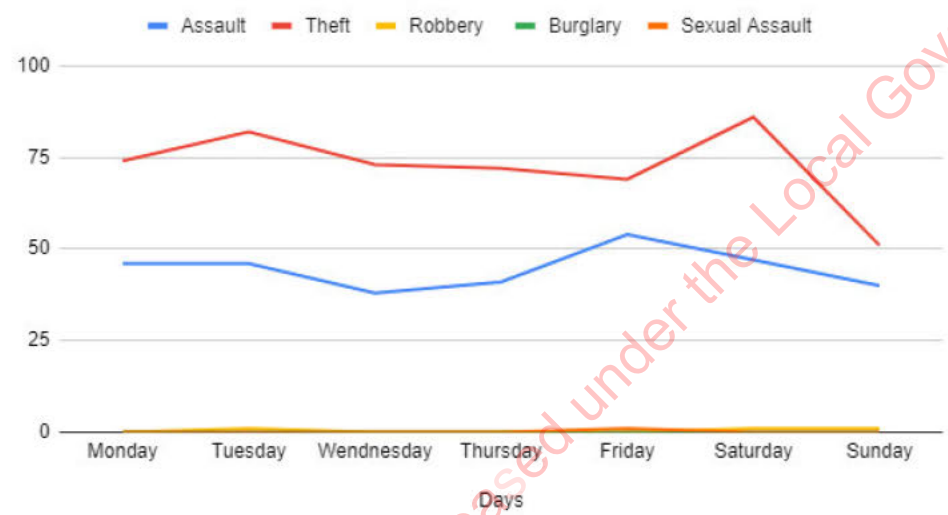
# NAENAE YOUTH

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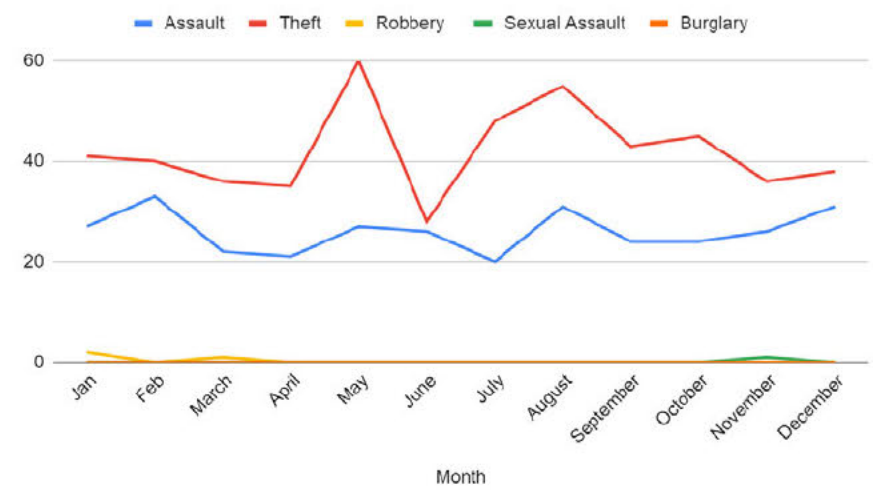
Crime Stats - Naenae - Times



Crime Stats - Naenae - Days



Crime Stats - Naenae - Months

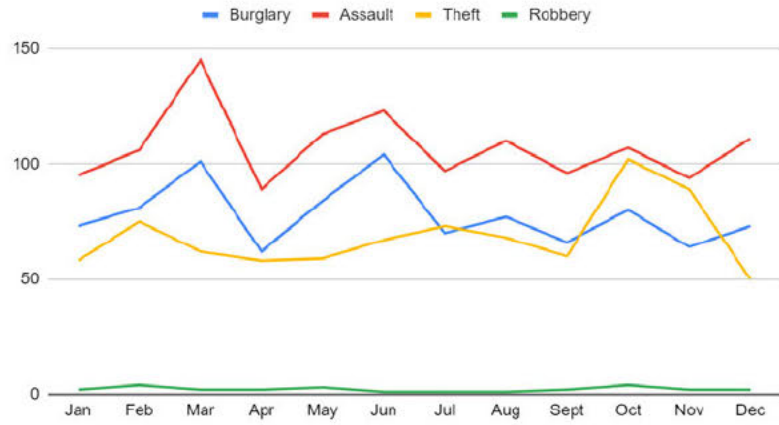


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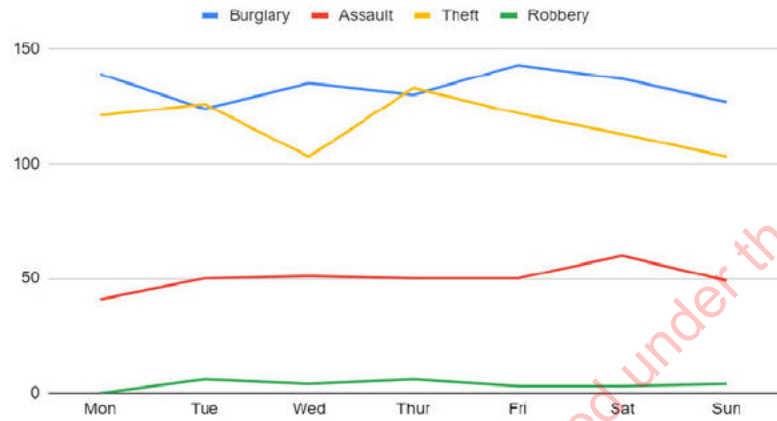
# WAINUIOMATA YOUTH



Wainuiomata Crime Stats



Waiuniomata Crime Stats - Days



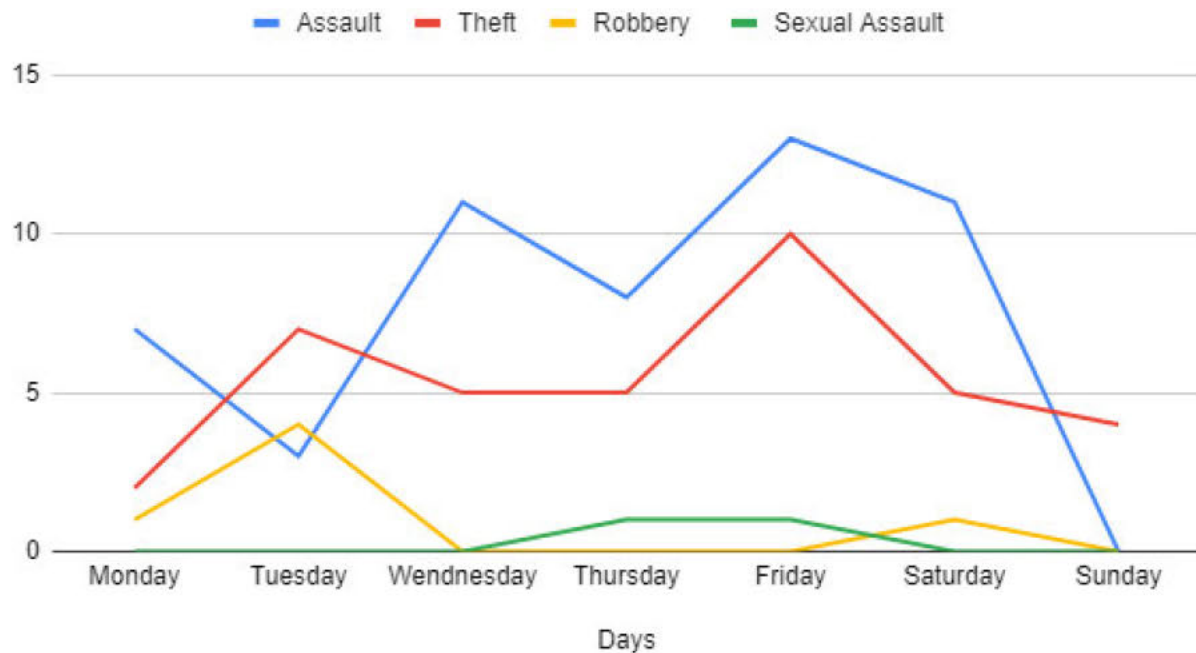
# LOWER HUTT YOUTH

QUEENSGATE  
SHOPPING  
CENTRE

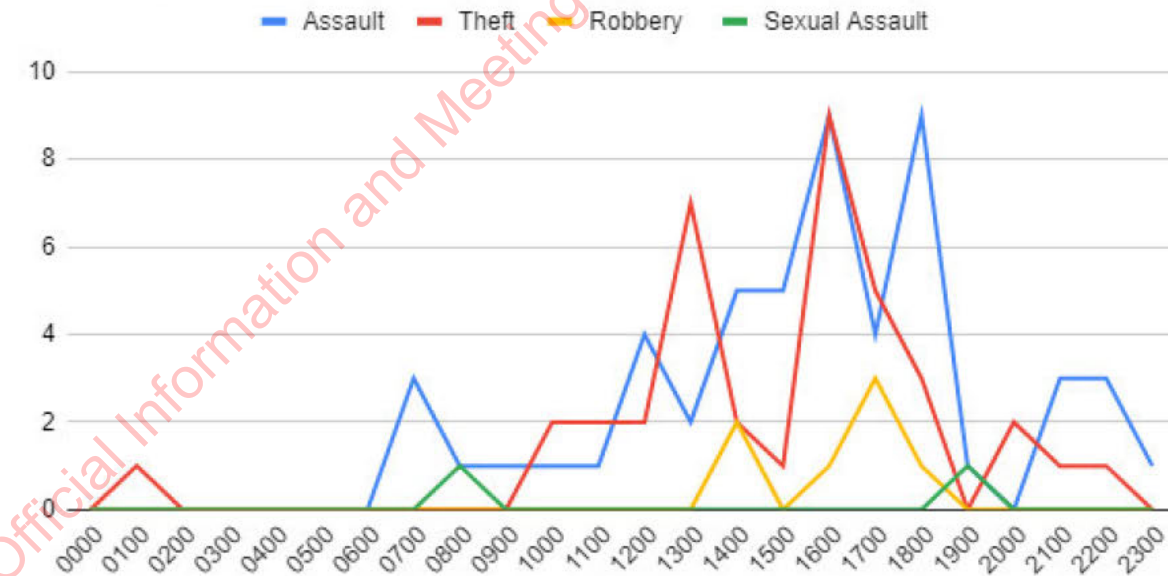


Margan

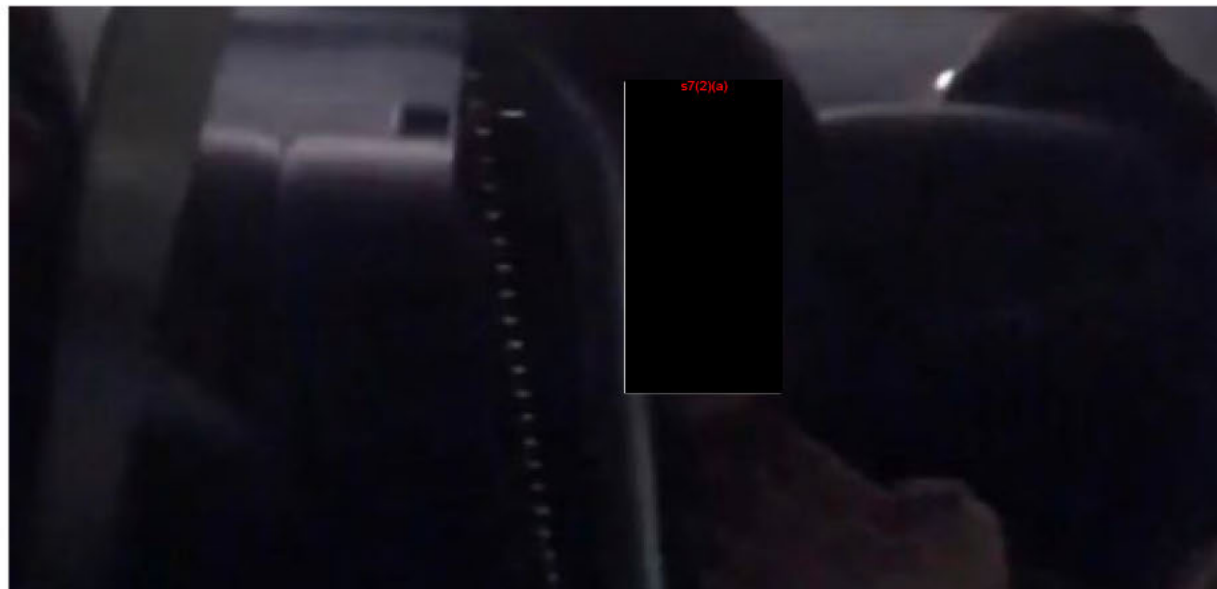
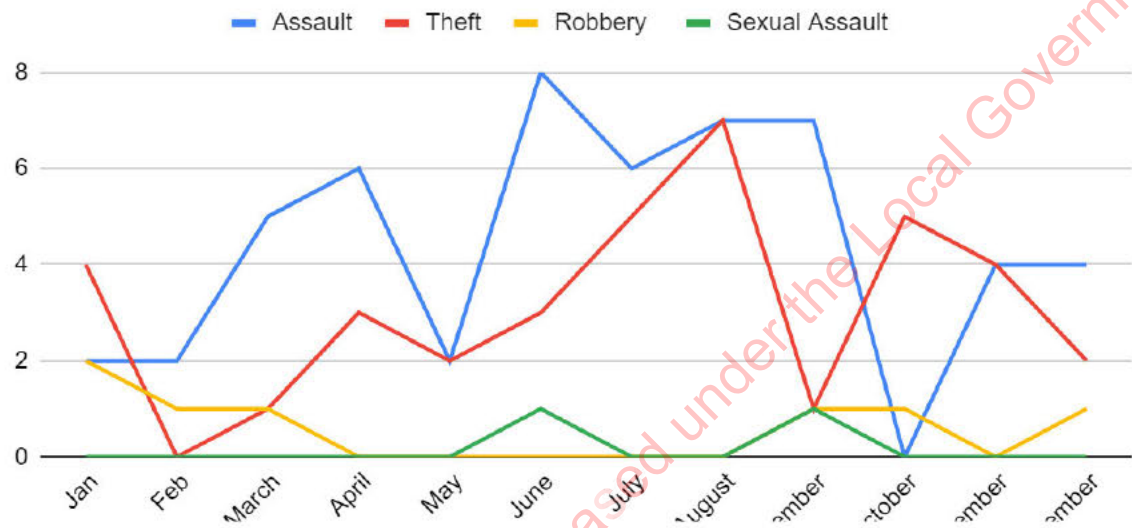
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Assault, Theft, Robbery and Sexual Assault

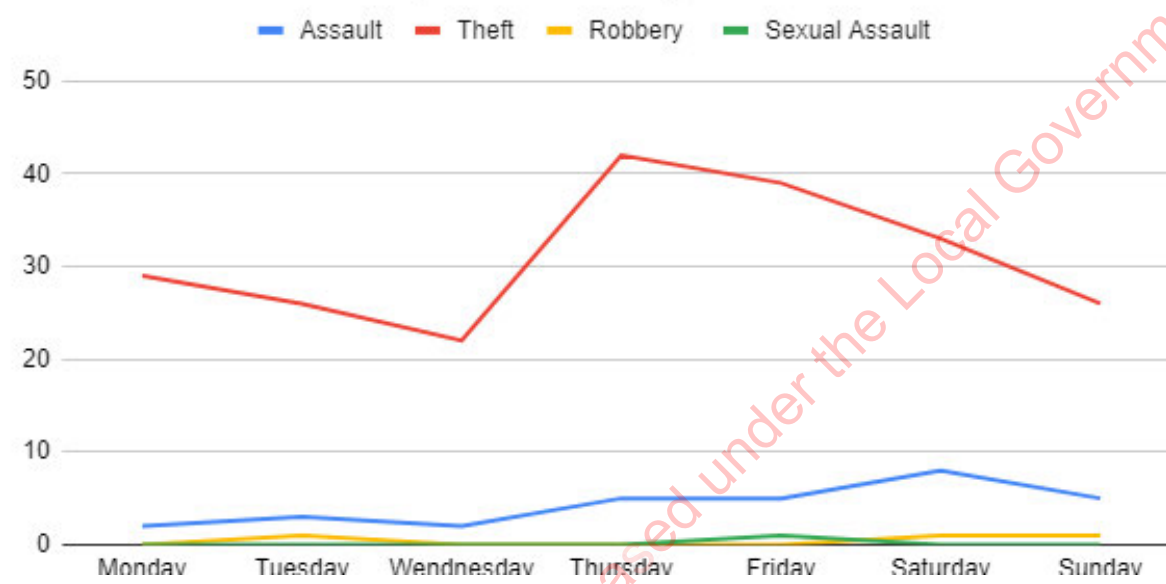
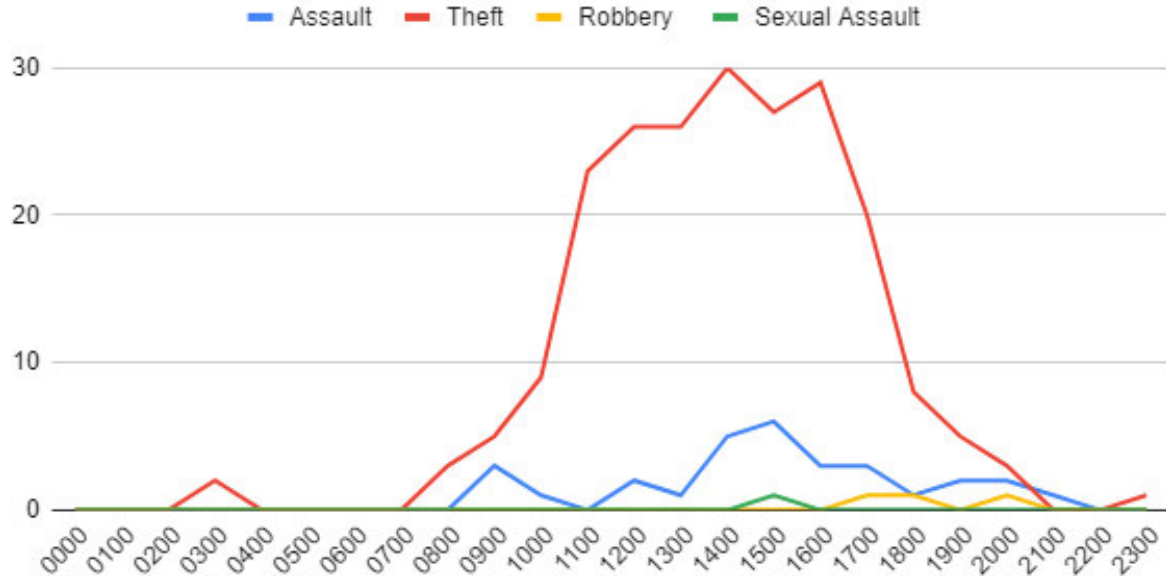


Crime Stats Bunny St - Months

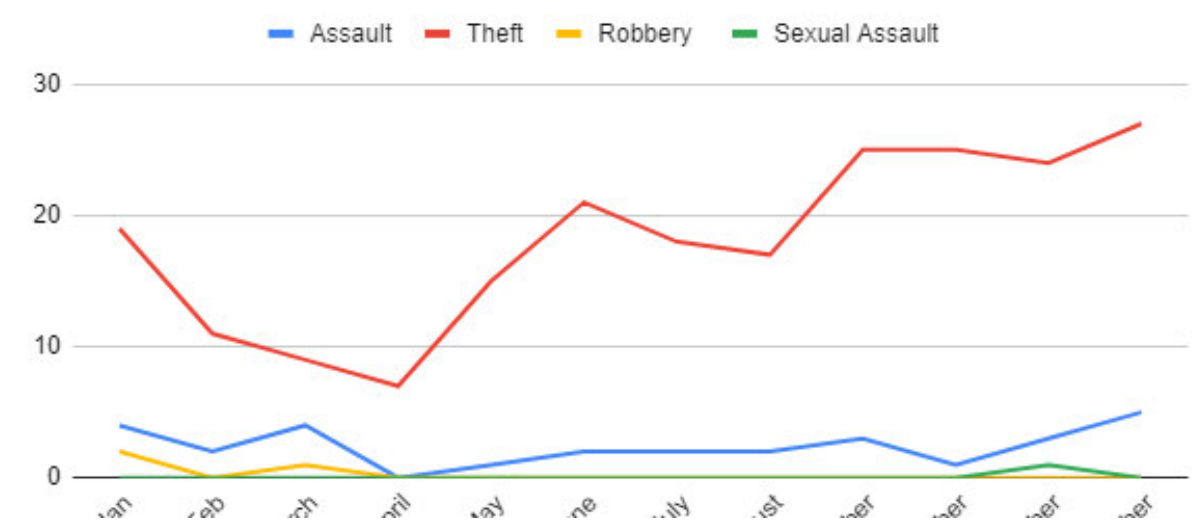


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Crime Stats - Queensgate Mall - Times



Crime Stats - Queensgate Mall - Months



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# CPTED OF BUNNY STREET - QUEENSGATE / SAFETY AUDIT – STAKEHOLDERS REPORT

## 1. PURPOSE OF REPORT

The purpose of this report is to present the results of a safety audit that was recently conducted in the Bunny Street - Lower Hutt / Queensgate Bus Stop and surrounding areas. This report specifically focuses on the Metlink Bus Stop at the eastern end of Bunny Street, to better inform strategic decision making about the future of this public space and assets.

## 2. INTRODUCTION – CPTED PRINCIPALS / CRIME DATA

On Friday the 12<sup>th</sup> of August a safety audit based on “Crime Prevention Through Environmental Design” (CPTED) principles was conducted by a group of Hutt City Council staff and affiliates. A day and night-time audit were conducted at this site

This was conducted by a group of Hutt City Council Staff walking around the area, and identifying, discussing, and photographing aspects of the physical environment particularly focusing on the following CPTED principals:

- Access: Safe movement and connections
- Surveillance and sight lines: See and be seen
- Layout: Clear and Logical orientation
- Activity mix: Activities conducted in the area are appropriate to the location
- Sense of ownership: Showing a space is cared for
- Quality Environments: Well, designed, managed, and maintained environments
- Physical protection: Using active security measures

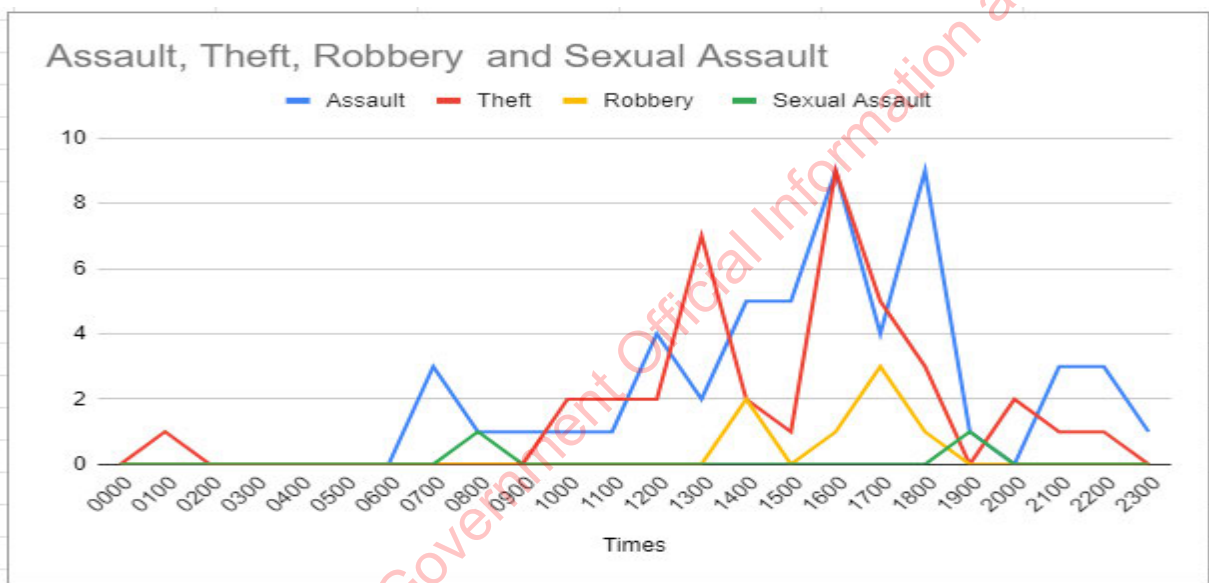
The bus stop is located on Bunny Street, Lower Hutt - located directly outside the Queensgate Shopping Centre. Queensgate Shopping Centre is a destination store in Lower Hutt, and a powerful contributor



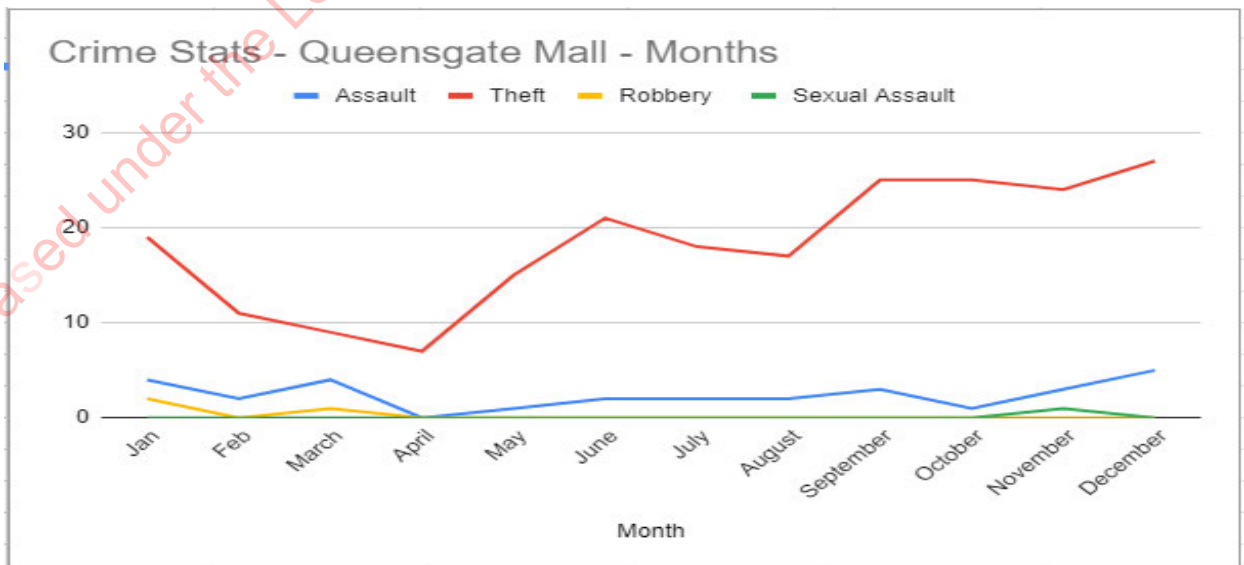


Current Crime Dynamic – Bunny Street / Queensgate Shopping Centre. Police data has been requested by via an Official Information request. The data set is for a six-year period – although there is a recognition of the Covid 19 lockdowns over the past two years, which have created criminal anomalies / or crime reductions. In conjunction with this we have not research evidence of White (recorded) / Gray (multiple charges – fraud / theft etc and Black (unreported) crime dynamics in the area.

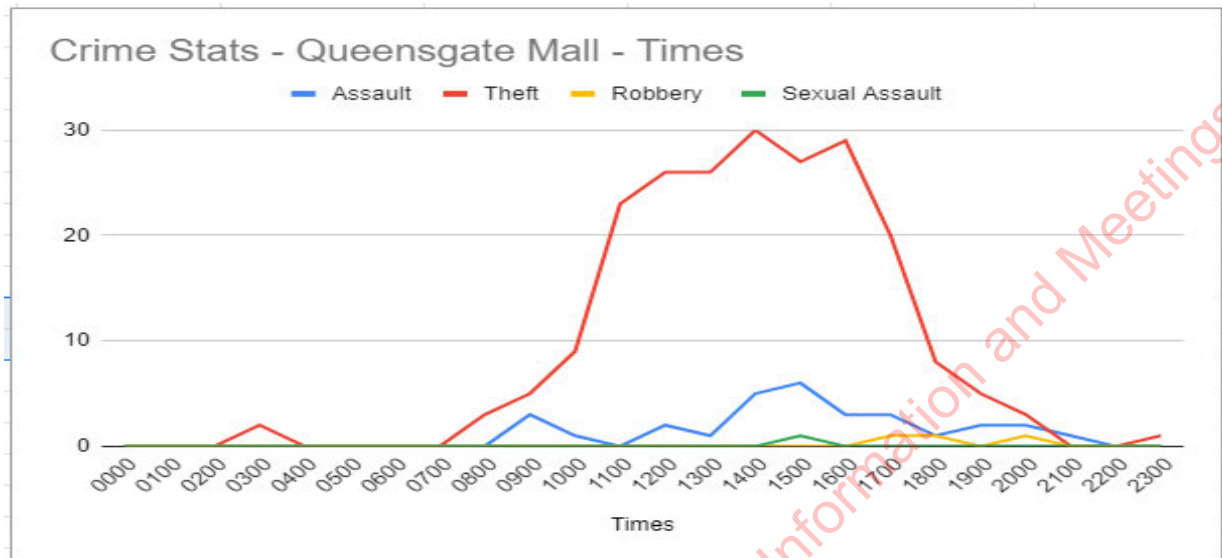
Over a six-year period we have averaged the crime stats for Bunny Street – The first graph indicates a monthly trend of last six years and the number of reported crime offences average per month – and the times they were committed. Please note that this is Bunny Street itself and does not represent Queensgate Shopping Centre / or does not account for Black Crime / Grey Crime. Please note that many of the robberies in the area both Bunny Street / Queensgate when aggravated robberies – use of a weapon / two or more people.



The graph below represents a six-year monthly average for Queensgate Shopping Centre – again does account for a Black Crime / Grey Crime Dynamic within the shopping centre.



The graph below indicates a monthly trend of last six years and the number of reported crime offences average per month– and the times they were committed



### 3. SITE ASSESSMENT

#### 3.1 Access: Safe movement and connections

All the Lower Hutt suburbs amalgamate at the Bunny Street and Queens Drive Precinct. Depending on the day/scheduling you may need to wait up till an hour for your bus. The stores on Bunny Street directly across from the main bus hub – are only open until 5:30pm each day – with less hours on Sundays. This dynamic means after 5:30pm/6pm there is no activity mix or guardianship oversight of this area.

This is exacerbated where people are loitering /waiting for prolonged times without oversight or passive guardianship, these areas are normally the fundamental elements to create a crime hot spot.

There is a dynamic / behaviour with the youth; where they will meet and congregate at the Bunny Street Bus Stop and then walk over to the Queens Drive Bus Stop just prior to the connection – rather than wait in at the Queens Drive Bus Stop.

#### 3.2 Surveillance and sight lines: See and be seen

Publicly accessible places need to be able to be overlooked, and clear sightlines and good lighting needs to provide maximum visibility. There are several limitations to sightlines at the commuter Hub – primarily the buses arrival and departure. this screens off activities at the bus stop from retail guardians across the road from view activities / the current placement of cameras is also impacted.

Regarding existing CCTV cameras - currently Hutt City Council CCTV cameras are placed, once a bus arrives on Bunny St or Queens Drive, the camera will lose vision of what is happening in that area. The cameras rotate automatically if not being manually turned, which means that every 10-20 seconds the camera moves to another pre-set position – usually 45-80 degrees away. This means on multiple

occasion CCTV cameras miss vital evidence or cut away from incidents where CCTV coverage is covering criminal events/ occurrences.

Due to the art design on the glass bus stops – combined with graffiti etching it is nearly impossible to provide accurate footage of what is happening in and behind this area – or the footage provided to police would not meet the evidential standard for conviction.

There are two cameras in located under the Queensgate Shopping Centre Veranda – Confirmation is needed to understand where there two CCTV are streamed too. Both CCTV Cameras are in the current blindspot for Hutt CCTV Cameras.

### **3.3 Layout: Clear and Logical orientation**

This area needs to be laid out in a way to discourage crime, enhance perceptions of safety, and help orientation and way finding. With the current layout, it meets the demands for Metlink but there is a cost to the wider environment.

The demand footprint and design /creates choke points and commuter spillage over the entirety of the area, ensuring people are crowded / or seating is taken by non – immediate commuters. The signage by Metlink is clear and reflects the scheduling.

### **3.4 Activity mix: Activities conducted in the area are appropriate to the location**

Queensgate Shopping Centre regularly create and market school holiday / Christmas/ and other public holidays activities to attract people. The most recent being a free Ice-Skating Ring in the middle of the shopping centre. Combined with this is free Wi-Fi to Queensgate customers – Of note is that the Wi-Fi can be accessed at directly outside the shopping centre

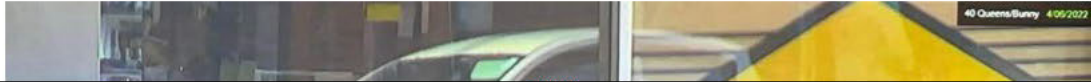
The Youth (10–16-year-olds) are using this Wi-Fi for extended periods of time to access social media/messenger and the likes. There is a dedicated youth group that currently meetup at Queensgate, and then head around the city and to Riverbank Carpark, Waterloo train station, to not only steal cars, but also actively participate in planned fights which they film and upload to social media once they are back within the free Wi-Fi area.

Because of the way people commute to local schools via this hub– there are periods where students are isolated– and because of the design and the prolonged waiting period – we see other similar aged people being victimised (Threats, Intimidation, Assaults etc).

The perception of safety changes dramatically when there is a large concentration of people, music loudly playing music vaping, wearing masks (stolen from within Queensgate), playfighting, wearing bandanas/Gang Paraphernalia, congregating, taking all the seats, filling the footpath.

Due to the communal nature of the hub, at risk kids are already congregating in this area.

The youth now use these concrete bollards as a social meetup point and loiter around this area for prolonged periods of time. The concrete barriers that have been installed to protect the shopping centre from ram raids. Please note that there is a group of persistent youth offender who are socially active in the space – primarily from Wainuiomata and Naenae.



Concrete Bollards outside Queensgate Entrance (To prevent Ram Raids)



Congregation of Youth – on current Metlink Seating.

### 3.5 Sense of ownership: Showing a space is cared for

A space needs to show it is cared for to promote a sense of ownership, respect, territorial responsibility, and community. There is a medium level of natural surveillance by retailers, Queensgate Security, and daytime users of the Bus Stop. However there has been problems with teens congregating in this area and drinking/fighting and prolonged loitering periods.

There are territory markings (safety Strip) between the road and the bus stops themselves – although these have failed to be cleaned for some time. Given the lack of cleaning reinforces a limited sense of ownership for this area. (Signal Crime).



Yellow Tiling (safety Strip) – Between road and bus stops.

Current damage to the Queensgate Shopping Centre and the Metlink Bus stops involves graffiti, etching, arson, wilful damage. There is no overwhelming sense of ownership in this space – because of this we have instigated regular patrols on an on-going basis, particularly in the early evenings after school has finished - (3.00pm Mon-Fri) and during weekends.



Damage to the Queensgate Shopping Centre Veranda

There is also a problem with transients sleeping, loitering, and begging in and amongst this area. There is a particular attraction from the homeless population to the alcove next to the Queensgate



Alcove – Homeless Attraction

Coupled with this is numerous etching / tag - graffiti in both the telephone and the Bus shelters themselves.



Telephone Booth – Bunny Street.

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Bus Shelter – Glass replaced (Hit with a hammer / Youth) / Graffiti

### 3.6 Quality Environments: Well, designed, managed, and maintained environments

Places should be well designed, managed and maintained to provide a quality environment that discourages crime and promotes community safety. In general, the area is regularly maintained with a priority listing for graffiti and rubbish removal.

There are plenty of rubbish bins near this location – but due to the design of the glass bus stops, rubbish collects and overflows from these areas. Areas where rubbish collects show there is no guardianship, and expectations and behaviours lower because of this (Broken windows theory).

The design on the bus shelters damaged There are burn marks, graffiti, broken wood, etchings, and various other property damage throughout the glass bus stops and surrounding area. The Design on the glass bus stop is difficult and almost impossible to see through, which encourages criminality behind the bus stops themselves.



Bus Stop C / Lack of Cleaning – Signal Crime / Design – Robberies occurred in Bus Stop C – Singular entrance.





There are complications to this due to the fact it is a public asset with numerous immediate stake holders and overlapping legislative requirements and financial obligations,

### 3.7 Physical protection: Using active security measures

This is an open space, and there is no current physical protection in this area. Although its important to note there is a lack of CCTV signage in the area – or any signage or statement indicating ownership of the area.

## 4. RECOMMENDATIONS / CONSIDERATIONS

In relation to the Bunny Street / Metlink Transport Hub, the specific actions below will help to integrate the area better into its environment, and promote a greater sense of community pride and guardianship:

- New Lighting under the veranda to P1 standard.
- Consideration of pink lenses for lighting – Acne in youth
- Redesign of the bus stops to ensure that people cannot be trapped inside via a singular entrance – Robbery prevention
- Glass or design features needs to ensure is removed so we can see through them. Increase CCTV effectiveness and line of sight
- Separation of Bus C stops – to limit congestion and choke points. Perception of Safety
- Remove Wi-Fi leakage. Encouragement of Loitering
- Territory strip / safety strip – cleaned and expanded. / Territorial enforcement stops loitering
- Bollards need to be removed – or redesigned as hostile architecture.
- PTZ Cameras to be added, one under the veranda – to remove blind spot.
- Queensgate Shopping Centre to stream into the Lower Hutt Police Station – CCTV Hub

- Met link to change scheduling and add more route timings
- Guardianship – Queensgate providing Manu Taki, Police, Māori Wardens, Community Patrol dedicated area to work from – within Queensgate Shopping Centre.
- School Holiday Programs in Wainuiomata and Naenae to pull youth from this area.
- Murals on the blank walls. Done by a local artist/consultation with school artists.
- Change in seating pattern / shape / Plan – limit large scale occupation of loitering.

## 5. CONSULTATION

- s7(2)(a) – City Safety Manager HCC (Stakeholder)
- s7(2)(a) – Manu Taki / Safe City Ambassador (Scribe Photos)
- s7(2)(a) – (CPTED, photos)
- s7(2)(a) – Crime Solutions New Zealand

## 6. FINANCIAL CONSIDERATIONS

Additional CCTV Cameras (360 Degree PTZ) placed into existing installations  
Bus Shelter Removal and Development – Costs  
Queensgate Building Developments

## 7. OTHER CONSIDERATIONS

Long Term Council Community Plan, and Community Services Business Plan 201-2015  
Traffic Plan – legislation / development  
Riverlink Project – Impact and considerations

**Author:**

s7(2)(a)  
[Redacted]

Safe City Manger

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# 1. Purpose of Report

The purpose of this report is to present the results of a safety audit that was recently conducted of Moera Retail Strip and surrounding area.

## 2. Introduction

On Thursday the 16th of June a safety audit, based on "Crime Prevention Through Environmental Design" (CPTED) principles was conducted by Safe City Ambassadors. This was conducted by myself walking around the area informally known as the Moera Shopping block and identifying, and photographing aspects of the physical environment particularly focusing on the following CPTED principals:

- Access: Safe movement and connections
- Surveillance and sight lines: See and be seen
- Layout: Clear and Logical orientation
- Activity mix: Activities conducted in the area are appropriate to the location
- Sense of ownership: Showing a space is cared for
- Quality Environments: Well, designed, managed, and maintained environments
- Physical protection: Using active security measures

## 3. Site Assessment

The Moera Shopping Block is located on one side of Randwick Road & consists of shops ranging from dairies, food stores, hairdressers, chemists & computer repairs.

The Moera Shopping block has plenty of car parks & is often quite busy with foot traffic



**Site assessment.**

Foot access to stores is convenient & safe with no hazards, however, may benefit from a zebra crossing across Randwick Crescent, especially for after school time where children are present. Vehicle access is easy as there are plenty of parks right in front of the shopping strip, however more parks could be helpful as during after school rush hour there are sometimes no parks available.

I would change the vertical parks in front of some of the stores to horizontal like most parks to solve this issue.

### **Surveillance and sight lines: See and be seen.**

Overall Moera Shopping Block has a good viewing distance due to it being a long straight strip of shops. (Reference photo 1)

Lighting in the area is pretty good, however there are a few “dead spots” where there is no lighting which could be improved. (Reference photo 2)

It would be beneficial to have bright streetlights on side streets like Mason st & Randwick Crescent.

### **Layout: Clear and Logical orientation**

Places need to be laid out in a way to discourage crime, enhance perceptions of safety, and help orientation and wayfinding. In general - the Shopping Block works well, however the side streets & back of shops are not ideal as they are not well lit & could potentially encourage crime in those areas as it is hard to be seen there, however it is not practicable to fence off said alley way to back of shops as multiple businesses use it, I would put lighting & CCTV in this area to solve this.

### **Activity mix: Activities conducted in the area are appropriate to the location**

A large traffic flow from being a connection point between Lower Hutt and Eastbourne/Petone Foreshore

Primarily the area has a number of high density buildings, a church, the local library, the local marae, a primary school and 2 bus stops within or nearby of the block there is still a large pedestrian traffic flow creating a mix of different activities taking place in the area.

### **Sense of ownership: Showing a space is cared for**

Shop frontages could do with some TLC as areas look rundown/messy/abandoned.

Repairs to the white stone around planted areas next the car park will enhance that the space is cared for. (Reference 3)

Discussion with parks & gardens about foliage in the area as some of the trees look run down, some plants would make the area look nicer.

Bins have murals on them to try to beautify the area. Leading to a reduction of tagging on them.

Gutters could do with some regular cleaning as there is rubbish & sludge making the area look untasteful.

### **Quality Environments: Well, designed, managed, and maintained environments**

As highlighted above some repairs are needed to planting areas and more plants put into areas.

Gutters and drains need to be cleared regularly (reference photo 4) and the design needs to be looked at as there is a common flooding issue in several the slanted parks outside number 125 -137 Randwick Road causing parking and pedestrian safety issues.

### **Physical protection**

To consider CCTV for the area as there is several Burglary and Thefts that take place in the surrounding area as well as other petty crimes that are currently not getting reported.

Safe City Ambassadors patrol the area regularly alongside local Police.

**Other comments**

No liquor ban in the area. While there are no shops that sell alcohol in the Moera Shopping Block, there are still issues with groups of people using the bus stops and seating in the area as drinking spots, the area would be more pleasant & feel safer if this behaviour was not taking place.



Photo 1

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## 1. PURPOSE OF REPORT

The purpose of this report is to present the results of a safety audit that was recently conducted of Hillary Court and surrounding area.

## 2. INTRODUCTON

On Thursday the 16<sup>th</sup> of June a safety audit, based on "Crime Prevention Through Environmental Design" (CPTED) principles was conducted by [REDACTED] <sup>s7(2)(a)</sup> of the Safe City Ambassadors. This was conducted by walking around Hillary Court, Everest Ave, Treadwell St, Cambridge Terrace, Vogel St identifying, and photographing aspects of the physical environment particularly focusing on the following CPTED principals:

- Access: Safe movement and connections
- Surveillance and sight lines: See and be seen
- Layout: Clear and Logical orientation
- Activity mix: Activities conducted in the area are appropriate to the location
- Sense of ownership: Showing a space is cared for
- Quality Environments: Well designed, managed and maintained environments
- Physical protection: Using active security measures

The area is currently in the middle of a facilities upgrade with construction work being done at the Naenae Library, Naenae Pool and planned works to take place at the old post office and subway towards the railway station, (being undertaken by HCC and GWRC respectively).

Access to this area is diverse with regular Train and Buses located on Cambridge Terrace.

A number of parking spaces are around the whole area with extra 'parking area' coming off Treadwell Steet.

Pedestrian access is well covered with foot pathing and a number of pedestrian crossings to promote safe crossing points.

(Refer Ref 1 for a better visual understanding of the above)

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### 3. SITE ASSESSMENT

#### 3.1 Access: Safe movement and connections

Access to places needs to be well-defined with entrances convenient and safe.

Vehicle access to the hub is relatively easy to deal with locked (access via Cambridge Tce) and static bollards are in place to prevent vehicle access to Hillary Court with the key available for pick up from the Naenae Library Staff. Bollard is currently missing but Staff are aware. (Ref 5)

Pedestrian traffic is very clear with 4 Pedestrian crossings in the area to allow connections to outer streets.

A perimeter fence is blocking access to the construction of the Naenae Pool while not blocking footpath it is restricting the flow of Pedestrian traffic on Everest Ave with half of the foot pathing closed to the public.

#### 3.2 Surveillance and sight lines: See and be seen

Publicly accessible places need to be able to be overlooked, and clear sightlines and good lighting needs to provide maximum visibility.

In general, the Hillary Court area has excellent sight lines, with large open areas and long walkways allowing a good visual viewing distance. Trees a trimmed at a good height to allow line of sight.

Lighting in the activity areas (ATMs on Everest Ave, centre of Hilary Court, bus stops) is pretty good at night time with LED lights going in a few years ago to help brighten the space but there is a concern between Hillary Court and Everest Ave walkway with no/minimal lighting between the 2 locations. (Ref 2)

Lights under the veranda that runs along the shops should be consistent to allow safe movement without creating blind/dark spots etc.

The pop-up space provided by the council at 'Coco pops' allows for hires, and has large outward facing windows allowing for great visibility of both inside and outside of this location

Green spaces need to be maintained with Treadwell St Hall/Basketball courts an area that needs constant attention to ensure light of sight especially with the construction of the pool taking away some visibility

One concern that should be addressed is the old post shop that has a decent recess and large pillars that create a concealment spot (plans are in place to renovate this location) (Ref 3)

#### 3.3 Layout: Clear and Logical orientation

Places need to be laid out in a way to discourage crime, enhance perceptions of safety, and help orientation and way finding.

Hillary Court has small trees planted down the middle of the walkway splitting the footpath into 2 lanes as that helps to break up the flow of traffic. (Ref 6)

A plan regarding signage should be considered going forward once the pool has been rebuilt highlighting it, the library, and any other to be built facilities as key public facilities for the area.

### **3.4 Activity mix: Activities conducted in the area are appropriate to the location**

Places need to have an appropriate level of human activity, and by promoting a compatible mix of uses and increased use of public space there will be a reduced crime risk and sense of safety is promoted.

Hillary Court has an open space that allows for a mixture of users, during the day with a large flow of pedestrian traffic that are accessing the railway/bus connection options, local shops and children's playground that promotes informal surveillance.

When the pool returns to the area a large increase is expected of traffic flow causing more informal surveillance to be taking place.

### **3.5 Sense of ownership: Showing a space is cared for**

A space needs to show it is cared for to promote a sense of ownership, respect, territorial responsibility and community.

There is a high-level of natural surveillance by library staff and daytime users of the area. But there have still been a number of issues relating to teenage behaviour after school and after dark with groups coming together and offending (Wilful Damage, B&E, Fighting, Anti-Social Behaviour)

A lot of effort has been put in to making the space feel cared for with new Pikitia Pakitara (Naenae Community Mural), new seating/foot pathing/green area/stage.

As mentioned above there are plans in place to revamp the old post office, consulting about the subway leading to the train station is currently on-going and refurbishment work is taking place at the time of this report at the Naenae Library.

A lot of the underside of verandas could do with some repairs to show the place is cared for and looked after. Some are in worse states than others. (Ref 4 as an example)

### **3.6 Quality Environments: Well designed, managed and maintained environments**

Places should be well designed, managed and maintained in order to provide a quality environment that discourages crime and promotes community safety.

135 jobs in relation to Graffiti Removal by HCC Contractors (19/06/21 – 19/06/22), indicates some level of anti-social activity while not an overly large amount still highlights the need for more on-going work in this area.

Signage in the area is lacking for HCC contacts regarding maintenance/repairs.

Large amount of seating in around the area, some concerns have been raised regarding seating near ATMs with beggars asking people for money while seated.

As commented above discussion regarding the maintenance of green space near Treadwell St Basketball courts to allow line of sight from the roadside.

### **3.7 Physical protection: Using active security measures**

Currently 4 CCTV cameras operate in the area. On-going talks with Police regarding camera locations with \$15,000 earmarked for new cameras.

As noted above plans for Old Post office building and Pools should take into consideration the use of external lighting, fencing (where appropriate), and CCTV to enhance the protection of area as a whole

#### 4. REFERENCE



Ref 1 Overhead View of Hillary Court and Surrounding Streets



Ref 2 View at Night from Centre of Hillary Court looking towards Everest Ave



Ref 3 Old Post Shop



Ref 4 Old United Video Photo



Ref 5 Bollard missing outside the Naenae Library



Ref 6

## 5. RECOMMENDATIONS

- 1) Confirm the scope of Old Post Office Rebuild with relation to the concerns above.
- 2) Check with team that are planning the pool about external lighting and cameras.
- 3) Check lighting arrangements around the top end of Hillary Court towards the pool.
- 4) Follow up re missing bollard that's allowing vehicle access
- 5) Signage in the area needs to be checked for relevance and correct information.

s7(2)(a)

Safe City Ambassador

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## 1. PURPOSE OF REPORT

The purpose of this report is to present the results of a safety audit that was recently conducted of Jackson Street and surrounding area.

## 2. INTRODUCTON

On Sunday the 3<sup>rd</sup> of July a safety audit, based on "Crime Prevention Through Environmental Design" (CPTED) principles was conducted by [REDACTED] <sup>s7(2)(a)</sup> of the Safe City Ambassadors. This was conducted by walking along Jackson Street identifying, and photographing aspects of the physical environment particularly focusing on the following CPTED principals:

- Access: Safe movement and connections
- Surveillance and sight lines: See and be seen
- Layout: Clear and Logical orientation
- Activity mix: Activities conducted in the area are appropriate to the location
- Sense of ownership: Showing a space is cared for
- Quality Environments: Well designed, managed and maintained environments
- Physical protection: Using active security measures

The area is currently in the state of buildings getting repairs and/or upgrades done. There are multiple stores getting these repairs/upgrades, which can be seen by the sheer amount of scaffolding around.

Access to Jackson Street is regularly used by Buses, vehicles and pedestrians

A number of parking spaces are around Jackson Street. A lot of these are timed parks with some 'all day' parking areas available

Pedestrian access is well orientated with multiple footpaths and a good amount of pedestrian crossings.



### 3. SITE ASSESSMENT

#### 3.1 Access: Safe movement and connections

Access to places needs to be well-defined with entrances convenient and safe.

Vehicle access to the Library is done via the front entrance car park located on Britannia Street. There is also access to this via the rear entrance from the Peel Car park

Pedestrian access can be done from the intersection of Jackson and Britannia Streets or the Clock Tower alleyway.

#### 3.2 Surveillance and sight lines: See and be seen

Publicly accessible places need to be able to be overlooked, and clear sightlines and good lighting needs to provide maximum visibility.

Normally, the Jackson street area has a decent line of sight, although Jackson Street is thin, there is still enough room to manoeuvre if need be. There is also not a lot of foliage blocking any vision, this includes the likes of trees and shrubs/bushes.

Lighting along Jackson Street is sufficient, especially around ATM's and Public Transport areas. The only concerning areas are the seating area behind the Petone Community House, The Clock Tower alleyway around the Peel Car park and in the open area before the Public Toilets near the Library. Although these areas are lit relatively okay, I feel they could be lit better with the addition of L.E.D lights or something of the like.

Lighting along the verandas on both sides of the footpaths are lit very well. I have not seen many unlit areas along Jackson Street

#### 3.3 Layout: Clear and Logical orientation

Although Jackson Street is a busy area I feel that there needs to be things laid out in a way to discourage crime, enhance safety, i.e. more signage if not larger signage. Also the possibility of some maps of some kind to show where things are. I have not seen an "info" board around apart from in the foyer of the Library

#### 3.4 Activity mix: Activities conducted in the area are appropriate to the location

Places need to have an appropriate level of human activity, and by promoting a compatible mix of uses and increased use of public space there will be a reduced crime risk and sense of safety is promoted.

During the day due to the sheer amount of businesses that are open with a large flow of pedestrian and vehicular traffic that are accessing Jackson Street, along with the Jackson Street Project provides some form of surveillance. Although there isn't a lot of open space to promote large scale activities, there is the Petone Recreational Ground as well as Jackson Street having a Fair in which the entire street is closed and brings in a lot of foot traffic.

#### 3.5 Sense of ownership: Showing a space is cared for

A space needs to show it is cared for to promote a sense of ownership, respect, territorial responsibility and community.

There is a regular amount of surveillance due to the Jackson Street Project being in place. Although not all the businesses are in this project. There is also a Community Patrol that carries out surveillance around the Petone area

**3.6 Quality Environments: Well designed, managed and maintained environments**

Places should be well designed, managed and maintained in order to provide a quality environment that discourages crime and promotes community safety.

150 jobs in relation to Graffiti Removal by HCC Contractors (03/07/21 – 03/07/22), indicates some level of anti-social activity. I consider this to be a large amount of Graffiti removal jobs for over 1 year.

There is not a lot of signage for HCC contacts regarding maintenance/repairs.

**3.7 Physical protection: Using active security measures**

Currently 5 CCTV cameras operate in the area.

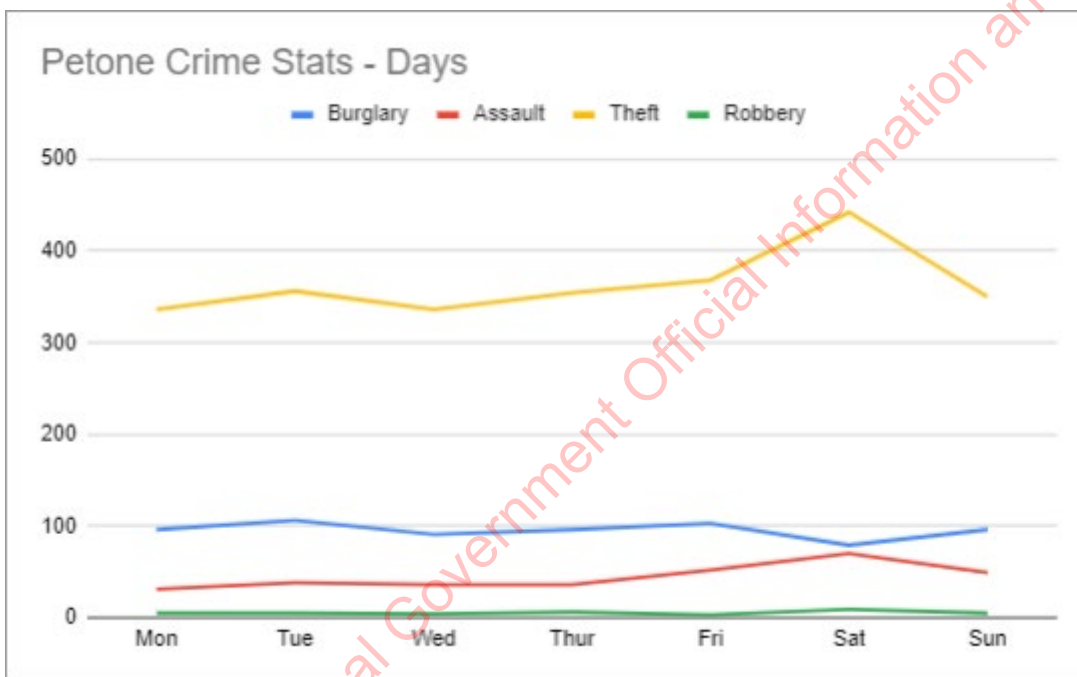


Fig 1 Crime Stats of Jackson Street including days of the crime and what the crime was

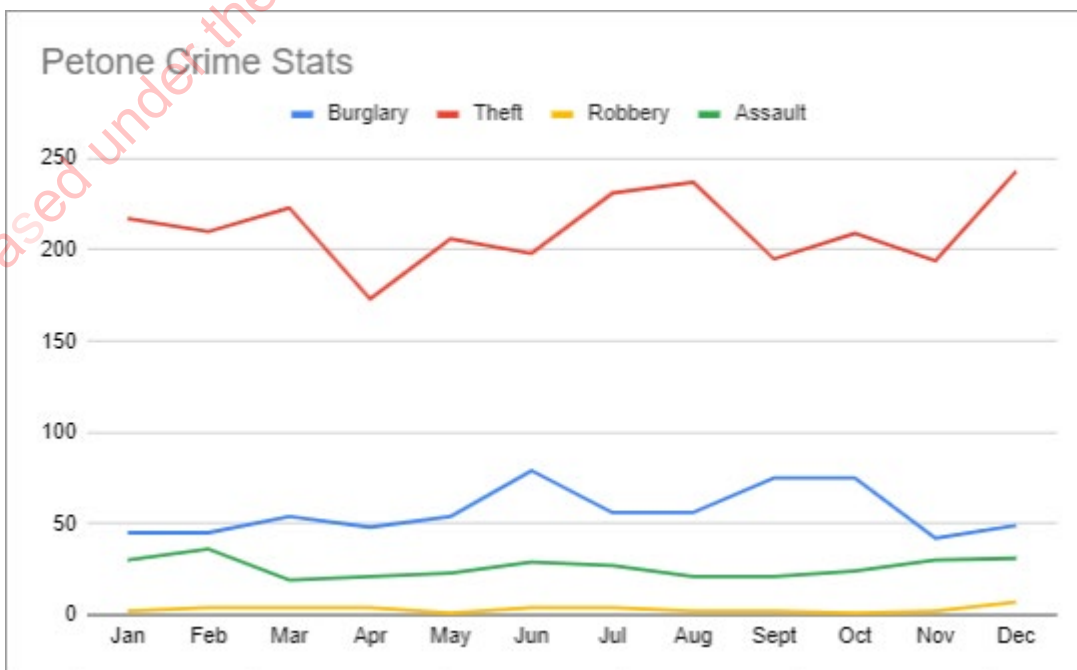


Figure 2: Peel Carpark at the rear of the Petone Library



Figure 3: Seating area in the Peel Carpark



Figure 4: Photo showing seating area of Peel Car Park at night



Figure 5: Peel Car Park at Night with the minimal lighting area leading to the alleyway for Jackson Street



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Figure 6: Rear of the Petone Community House at night showing some not very well lit areas



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